

DAFTAR PUSTAKA

- Abe, J., Talbot, D., & Geelhoed, R. 1998. Effects of a peer program on international student adjustment. *Journal of College Student Development*. Vol. 39. No. 6.
- Abdullah, M.C., Elias, H., Mahyuddin, R., & Uli, J. 2009. Adjustment among first year students in a Malaysian university. *European Journal of Social Science*. Vol. 8 (3).
- Alisjahbana, A., Sidharta, M. & Brouwer, M., A. 1980. *Menuju Kesejahteraan Jiwa*. Jakarta: PT. Gramedia.
- Al-Khatib, B., A., Awamleh, S., H., Samawi, F., S. 2012. Student's adjustment to college life at Albalqa applied university. *Amaerica International Journal of Contemporary Research*. Vol. 2 (11).
- Anggraini, N., E. 2014. Hubungan antara kemandirian dengan penyesuaian diri pada mahasiswa baru yang merantau di kota Malang. *Artikel*. Malang: Fakultas Psikologi Universitas Brawijaya.
- Aprianti, I. 2012. Hubungan antara *perceived social support* dan *psychological well-being* pada mahasiswa perantau tahun pertama di Universitas Indonesia. *Skripsi*. Depok: Fakultas Psikologi.
- Azwar, S. 2012. *Penyusunan Skala Psikologi Edisi 2*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. 2012. *Reliabilitas dan Validitas Edisi IV*. Yogyakarta: Pustaka Pelajar.
- Baker, R., W. 2002. Research with the student adaptation to college questionnaire (SACQ). *Manuscript*. Clark University: Mount Holyoke College.

- Baker, S., R. 2004. Intrinsic, extrinsic, and amotivational orientations: their role in university adjustment, stress, well-being, and subsequent academic performance. *Current Psychology: Developmental, Learning, Personality, and Social*. Vol 23 (3): 189-202.
- Busari, A., O., 2012. Identifying difference in perceptions of academic stress and reaction to stressors based on gender among first year university students. *International Journal of Humanities and Social Science*. Nigeria: Department of Educational Psychology. Vol. 2 (14).
- Chen, Y. 2009. A study on international student adjustment from academic, social and cultural viewpoints in Taiwan. *Journal International Conference on Business Management and Information Technology Application*. (52-60).
- Chothani, K., B. 2014. A study if Academic stress and adjustment among Gurajati amd English medium school students. *The Internatioan Journal of Indian Psychology*. Vol. 2.
- Christyanti, D., Mustami'ah, D., & Sulistiani, W. 2010. Hubungan antara penyesuaian diri terhadap tuntutan akademik dengan kecenderungan stres pada mahasiswa fakultas kedokteran universitas Hang Tuah Surabaya. *Jurnal Psikologi*. (153-159).
- Cohorn, C., A., & Giuliano, T., A. 1999. Predictor of adjustment and institutional attachment in 1st-year college student. *Journal of Undergraduate Research*. Vol. 4: (47-56).
- Feldt, R., C., Graham, M., & Dew, D. 2011. Measuring adjustment to college: construct validity of the student adaptation to college questionnaire.

Journal Measurement and Evaluation in Counseling and Development.
(92-104).

Fitriany, R. 2008. Hubungan *adversity quotient* dengan penyesuaian diri sosial pada mahasiswa perantau di UIN Syarif Hidayatullah Jakarta. *Skripsi*. Jakarta: Fakultas Psikologi Universitas Islam Negeri Syarif Hidayatullah.

Glozah, F., N. 2013. Effects of academic stress and perceived social support on the psychological wellbeing of adolescents in Ghana. *Journal of Medical Psychology*. Regent University. (143-150).

Grant-Vallone, E., Reid, K., Umali, C., & Pohlert, E. 2003. An analysis of the effects of self-esteem, social support, and participation in student support services on students' adjustment and commitment to college. *Journal of College Student Retention: Research, Theory & Practice*. (255–274).

Gray, R., Vitak, J., Easton, E., W., Ellison, N., B. 2013. Examining social adjustment to college in the age of social media: factors influencing successful transitions and persistence. *Journal Computers & Education*. Vol. 67: (193-207).

Hafiduddin, A., U. 2011. Perbedaan *college adjustment* dan *self-esteem* mahasiswa universitas Indonesia tahun pertama yang tinggal di rumah, asrama, dan kos. *Journal Writing*. Universitras Indonesia.

Heiman & Kariv. 2005. Task-Oriented versus Emotion- Oriented Coping Strategies: The Case of College Students. *College Student Journal*. Vol. 39 (1): 72-89.

- Hussain, A., Kumar, A., & Husain, A. 2008. Academic stress and adjustment among high school students. *Journal Indian Academy of Applied Psychology*. Vol. 34: (70-73).
- Hutapea, E., A. 2006. Gambaran resiliensi pada mahasiswa perantau tahun pertama perguruan tinggi di asrama UI. *Skripsi*. Depok: Fakultas Psikologi Universitas Indonesia.
- Hutz, A., M & W. E., Beitel, M. 2007. Ethnocultural person-environment fit and penyesuaian diri di perguruan tinggi: some implication. *Journal of College Counseling*. Vol. 10: (130-134).
- Jackson, P., B. & Finney, M. 2002. Negative life events and psychological distress among young adults. *Journal Social Psychology Quarterly*. Vol. 65: (186-201).
- Kerlinger, F. N., & Lee, H. 2000. *Foundation of Behavioral Research (4thEd)*. Forth worth: Harcourt coledge publisher.
- Kosim, M. 2008. Ilmu pengetahuan dalam Islam. *Jurnal Tadris*. Vol. 7 (2).
- Lidy, Kara, Kahn, & Jeffrey. 2006. Personality as a predictor of first-semester adjustment to college: the mediational role of perceived social support. *Abstrack*. Vol.9 (2).
- Lingga, R., W., W., L., & Tuapattinaja, J., M., R. 2012. Gambaran virtue mahasiswa perantau. *Jurnal PREDICARA*. Sumatera Utara: Fakultas Psikologi Universitas Sumatera Utara.
- Marlina, A. 2014. Hubungan antara penilaian kognitif *stressful* akademik dengan penyesuaian diri mahasiswa. *Skripsi*. Bandung: Universitas Pendidikan Indonesia.

- Marlina, R. 2011. Perkembangan program konseling kelompok untuk meningkatkan penyesuaian diri mahasiswa. *Jurnal Lembaga Penelitian dan Pengabdian pada Masyarakat*. Vol. 10 (20).
- Misra, R. & Castillo, L., G. 2004. Academic stress among college students: comparison of American and International students. *International Journal of Stress Management*. Vol. 11: (132-148).
- Mounts, N. S., Valentiner, D. P., Anderson, K. L., & Boswell, M. K. (2006). Shyness, sociability, and parental support for the college transition: relation to adolescents' adjustment. *Journal of Youth and Adolescence*. (71–80).
- Mudhovozi, P. 2012. Social and academic adjustment of first-year university student. *Journal Departement of Psychology*. South Africa: University of Venda. 33 (2): 251-259.
- Nakela. 2013. Academic stress: its causes and results at a Ugandan University. *Journal African Journal of Teacher Education*. Vol. 3 (3).
- Nur, M., R. 2013. Hubungan antara penyesuaian sosial di perguruan tinggi dengan prestasi akademik. *Skripsi. Universitas Pendidikan Indonesia: Fakultas Ilmu Pendidikan Jurusan Psikologi*.
- Nurmaliyah, F. 2014. Menurunkan stres akademik siswa dengan menggunakan teknik *self-instruction*. *Jurnal Pendidik Humaniora*. Pendidikan Humaniora. Vol. 2 (3): 273-282.
- Olejnuk, S. N. & Holschuh, J. P. (2007). *College rules! How to Study, Survive, and Succeed in College (2nd Edition)*. New York: Ten Speed Press.

- Pandya, B., U., Deshpande, R., C., & Karani, A. 2012. A study on impact of academic stress on MBA students of Gujarat technological university. *Journal of Arts, Science & Commerce*. India: Gujarat Technological University. Vol. III.
- Papalia D.E., Olds, S.W, & Feldman, R.D. 2009. *Human Development (Perkembangan Manusia edisi 10 buku 2)*. Jakarta: Salemba Humanika.
- Purwati, S. 2012. Tingkat stres akademik pada mahasiswa regular angkatan 2010 fakultas ilmu keperawatan univesitas Indonesia. *Skripsi*. Depok: Fakultas Ilmu Keperawatan Universitas Indonesia.
- Rahayu S. 2013. Faktor-faktor yang mempengaruhi aspek resiliensi pada mahasiswa dengan kurikulum berbasis kompetensi (sistem blok) angkatan 2010 jurusan keperawatan Universitas Jenderal Soedirman. *Skripsi*. Purwokerto: Faklutas Kedokteran dan Ilmu Kesehatan jurusan Ilmu Keperawatan.
- Salami, S., O. 2011. Psychosocial predictors of adjustment among first year college of education students. *Journal US-China Education*. Uganda: Kampala International University. Vol. 8 (2): (239-248).
- Sardar, Z. 2000. Merombak Pola Pikir Intelektual Muslim. Yogyakarta: Pustaka Pelajar.
- Sarifandi, S. 2004. Ilmu pengetahuan dalam perspektif hadis Nabi. *Jurnal Ushuluddin*. Vol. XXI, No. 1.
- Seswita, P. 2013. Hubungan antara dukungan sosial dengan tingkat resiliensi dalam menghadapi stres akademik pada mahasiswa UPI perantau.

Skripsi. Bandung: Jurusan Psikologi Fakultas Ilmu Pendidikan Universitas Pendidikan Indonesia.

Shah, K., & Shah, P. 2015. Academic stress taking a toll on management post graduates: a myth or reality. *International Journal of Research in Business Management* . India: *Institute of Computer Technology*. Vol. 3: (11-22).

Sham, F. 2005. Tekanan emosi remaja Islam. *Jurnal Islamiyyat*. No. 27.

Shenoy, U.A. (2000) College-stress and symptom-expression in international students: a comparative study. *Dissertation. Faculty of the Virginia Polytechnic Institute and State University*.

Sobur, A. 2003. *Psikologi Umum*. Bandung: Pustaka Setia.

Sugiyono. 2011. *Statistika untuk Penelitian*. Bandung: Alfabeta.

Sun, J., Dunne, M., P., Hou, X., & Xu, A. 2011. Educational stress scale for adolescents: development, validity, and reliability with Chinese students. SAGE: (534-546).

Sun, J., Dunne, M., P., Hou, X., & Xu, A. 2013. Educational stress among Chinese adolescents: individual, family, school and peer influences. *Educational Review*. 65(3): (284-302).

Sunjoyo, S., et al. 2013. *Aplikasi SPSS untuk Smart Riset (Program IBM SPSS 21.0)*. Bandung: Penerbit Alfabeta.

Syaifudin, R. 2013. Epistemologi pendidikan Islam persepektif Al-Ghazali dan Fazlur Rahman. *Jurnal Pendidikan Islam*. Vol. 8 (2).

Taylor, M., A., & Pastor, D., A. 2005. A Confirmatory Factor Analysis of the Student Adaptation to College Questionnaire. *Paper presented at the*

annual meeting of the Association of Institutional Research, San Diego, CA.

Toews, L., T. 2007. College adjustment among freshmen: predictors for white and hispanic male and female. *College Student Journal*. Vol. 41.

Tung, S. and Chahal, N. 2005. Relationship between stress and adjustment adolescents females; a causal study. *Journal*. Abstarct.

Waller, T., O. 2009. A mixed method approach for assessing the adjustment of incoming first-year engineering student in a summer bridge program. *Dissertation: Faculty of the Virginia Polytechnic Institute and State University*.

Wetzel, I., L. 2007. The effect of the first generation status on the well-being of undergraduate students: a study in the relationship between well-being, perceived social-support, self esteem, and adaptation to collage among a unique group of non-traditional students. *Dissertation: Graduate School of the University of Detroit Mercy*.

Wilks, S. E. 2008. Resilience amid academic stress: the moderating impact of social support among social work students. *Journal Advances in Social Work*. No. 9: (106-125).

Yumba, W. 2008. *Academic stress: a case of the undergraduate students*.

Zubir, D., M. 2012. Hubungan antara *psychological well-being* dan *college adjustment* pada mahasiswa tahun pertama universitas Indonesia. *Skripsi*. Depok: Fakultas Psikologi Universitas Indonesia.

Gadzella, B. M., Fullwood, H. L., & Ginther, D. W. 1991. Student-life Stress Inventory. *Paper presented at the Texas Psychological Convention, San Antonio. TX.* (ERIC 350 345).

SUMBER MEDIA ONLINE

DIKTI <http://forlap.dikti.go.id/mahasiswa/homegraphjk> [03/06/2015]

KOPERTIS [http://kopertis3.or.id/v2/link pt/](http://kopertis3.or.id/v2/link_pt/) [10/06/2015]

WIKIPEDIA <https://id.wikipedia.org/wiki/Mahasiswa> [23/06/2015]

Al-Qur'an dan Terjemahan <http://www.quran30.net/> [16/09/2015]