

DAFTAR PUSTAKA

- Al-Qur'an dan Terjemahannya. (1994). Semarang : PT Kumudasmoro Grafindo.
- Al Mahfani, M. Khalilurrahman. (2006). *Keutamaan doa dan dzikir untuk hidup bahagia sejahtera*. Jakarta : Wahyu Media.
- Arikunto, Suharsimi. (2006). *Metodelogi penelitian*. Yogyakarta: Bina Aksara.
- Azwar, S. Dr. (2012). *Penyusunan skala psikologi*. Yogyakarta : Pustaka Pelajar
- Balzarott, Stefania, John, Oliver P., Gross, James J. (2010). *An Italian adaptation of the emotion regulation questionnaire*. European journal of psychological assesment.
- Butler, Emily A. Lee, Tiane L. Gross, James J. (2007). *Emotion regulation and culture : are the social consequences of emotion suppression culture-specific ?*. Journal of emotion. Standford University : American Psychological Association.
- Dennis, Tracy A. (2007). *Interaction between emotion regulation strategies and affective style : Implications for trait anxiety versus depressed mood*. Springer Science.
- Egloff, B., Schmukle, S.C., Burns, L.R., & Schwerdtfeger, A. (2006). *Spontaneous emotion regulation during evaluated speaking tasks: associations with negative affect, anxiety expression, memory, and physiological responding*. *Emotion*, Vol. 6, No. 3, 356–366
- Graveter, Frederick J., Forzano, Lori – Aron B. (2011). *Research methods for the behavioural science, 4th edition*. Wordsworth Cengage Learning.
- Gross, J.J. (1998). *Antecedent and response focused regulation : divergent consequences for experience, expression, and physiologi*. Journal of personality and social psychology. American Psychological Association Inc.
- Gross, J.J. (2002). *Emotion regulation : affective, cognitive, and social consequencess*. Journal. USA : Cambridge University Press.
- Gross, J.J., Lavenson, Robert W. (1993). *Emotional suppression: physiologi, self report, and expressive behaviour*. Journal of personality and social psychology : American Psychological Association.
- Gross, J.J., Sheppes, Gal., Urry, Heather L. (2010). *Cognition and emotion lecture at the 2010 SPSP emotion preconference*. Journal. Stanford University,

United States : Departement of Psychology; Tufts University, Boston :
Departement of Psychology.

Henley, Kaitlen E. (2010). *Using trait anxiety level to predict emotion regulation during an anxiety inducing speech task*. USA : The Pennsylvania State University.

Hersen. Michel. (2003). *Comprehensive handbook of psychological assesment, personality assesment*. USA : John Wiley & Sons Inc.

Hofmann, S.G., Heering, S., Sawyer, A.T., & Asnaani, A. (2009). *How to handle anxiety: the effects of reappraisal, acceptance, and suppression strategies on anxious arousal*. *Behav Res Ther.* 47(5): 389–394

Islam, Ubes Nur. (2003). *Mendidik anak dalam kandungan : optimalisasi potensi anak sejak dini*. Jakarta : Gema Insan Press.

Kemeny, E. Margaret. (2000). *The psychobiology of stress*. San Fransisco : University of California.

Kurniawan, Boni. (2009). *Pendidikan agama Islam untuk perguruan tinggi*. Jakarta : Grasindo.

Lazarus, Richard S. (1991). *Emotion and adaption*. New York Oxford : Oxford University Press.

Lazarus, Richard S. (1999). *Stress and emotion : A new synthesis*. United States : Springer Publishing Company.

Lazarus, Richard S., Folkman, Susan. (1984). *stress, appraisal, and coping*. New York : Springer Publishing Company.

Logan, Jeongok G. Barksdale, Debra J. (2008). *Allostasis and allostatic Load : expanding the discourse on stress and cardiovascular diseases*. *Journal of health*. USA : The University of North Carolina.

Maguen, S., Metzler, T., McCaslin, S., Inslicht, S., Henn-Haase, C., Neylan, T., & Marmar, C. (2009). *Routine work environment stress and PTSD symptoms in police officers*. *Journal of nervous and mental disorder*. October ; 197(10): 754–760.

Maharani, Dian. (2013). Polri akui kekurangan penyidik kasus korupsi. *Artikel*. Diakses tanggal 23 Juni 2014. [http ://nasional.kompas.com](http://nasional.kompas.com)

Mauss, Iris B., Robinson, Michael D. (2009). *Measures of emotion : A review*. USA : National Institute of Health Public Access.

Newman, D.W., Reed, M. (2004). *Police stress, state – trait anxiety, and stressors among U.S. marshals*. United States of America : *Journal of criminal justice*, volume 32, issue 6.

Philippot, Pierre & Feldman, Robert S. (2004). *The regulation of emotion*. London : Lawrence Erlbaum Associates Publishers.

Roberts, Nicole A., Lavenson, Robert W., Gross, James J. (2008). *Cardiovascular costs of emotion suppression cross ethnic*. *International journal of psychology*. Arizona state university, United States : Departement of social science ; University of California, Berkeley, United States : Departement of Psychology ; Stanford University, United States : Departement of Psychology.

Sanudin. (2004). *Bahan ajaran kapita selekta khusus di bidang penyidikan*. Megamendung : Lembaga pendidikan dan pelatihan Polri, pusdik reserse dan kriminal.

Selye, Hans. (1984). *The stress of life revised edition*. New York : The McGraw-Hill Companies Inc.

Seniati, Liche, Yulianto, Aries, Setiadi, Bernadette N. (2009). *Psikologi eksperimen*. Jakarta : Indeks.

Soerodibroto, R.S. (2003). *KUHP dan KUHAP dilengkapi yurisprudensi Mahkamah Agung dan hoge raad*. Jakarta : PT Raja Grafindo Persada

Sugiyono. (2011). *Statistika untuk penelitian*. Bandung : Alfabeta.

Taufiq, Muhammad Izzudin. (2006). *Panduan lengkap dan praktis psikologi Islam*. Jakarta : Gema Insani Press.

Van der Velden, P., Rademaker, R., Vermetten, E., Portengen, M., Yzermans, J,m & Grievink, L. (2012). *Police officers: a high-risk group for the development of mental health disturbances? A cohort study*. *BMJ Open*; 3:e001720. doi:10.1136/bmjopen-2012-001720