

DAFTAR PUSTAKA

- Al-Qur'an dan Terjemahan. (2007). *Al-Qur'anulkarim terjemahan perkata type hijaz*. Bandung: Syaamil Al-Qur'an
- Al-Kahlil, A. D. (2011). *Metode Qurani Lejitkan Potensi*. Klaten: Etoz Publishing.
- Alreck, P. L., & Settle, R. B. (2004). *The survey research handbook*. Boston: McGraw-Hill.
- Azwar, S. (2012). *Reliabilitas dan Validitas: Edisi 4*. Yogyakarta: Pustaka Pelajar.
- Baer, R. A., Smith, G. T., Hopkins, J., Krietemeyer, J., & Toney, L. (2006). *Using self-report assessment methods to explore facets of mindfulness*.
- Brown, K., & Ryan, R., (2003). *The Benefits of Being Present: Mindfulness and Its Role in Psychological Well-Being*.
- Brown, K. W., Ryan, R. M., & Creswell, J. D. (2007). *Mindfulness: Theoretical foundations and evidence for its salutary effects*.
- Coetzee, M (2009). *The Relationship Between Personality Preferences, Self Esteem and Emotional Competence*.
- Coopersmith, S. (1967). *The antecedents of self-esteem*. San Francisco: Freeman.
- Chloe, R., Daniel, P., & Sandra, B(2015). *Mindfulness and Self-esteem: A Systematic Review*.
- Heatherton, T. F., & Wyland, R. J. (2003). *Assessing self-esteem. Positive psychological assessment: A handbook of models and measures*. USA: American Psychological Association.
- Hewitt, J. P. (2009). *The encyclopedia of positive psychology*. United Kingdom: Willey-Blackwell.
- Hofstede, G. (2005). *Culture's Consequences: Comparing Values, Behaviors, Institutions, and Organizations Across Nations*. Thousand Oaks, CA: Sage Publications.

- Hurlock, E. B. (2002). *Psikologi perkembangan*. Surabaya : Erlangga.
- Ikechukwu, U., Siti, N., Mansor, A., Sakineh, M., & Rohani, A., (2013). *Effect of Self-Esteem in the Relationship between Stress and Substance Abuse among Adolescents: A Mediation Outcome*.
- Fiske, A., Kitayama, S., Markus, H.R., & Nisbett, R.E. (1998). *The cultural matrix of social psychology*. San Francisco: McGraw-Hill.
- Kabat-Zinn, J. (1990). *Full catastrophe living: Using the wisdom of your body and mind to face stress, pain, and illness*. New York, NY: Dell Publishing.
- Kerlinger, F. N., & Lee, H.B. (2000). *Foundation of behavioral research*. Forth Worth: Harcourt Coleedge Publisher.
- Kristen, R., & Debra, S., (2015) *Mindfulness Based Programs Implemented with At-Risk Adolescents*.
- Michael & Aileen (2011). *The direct and indirect benefits of dispositional mindfulness on self esteem*.
- Nisfianoor. (2009). *Pendekatan Statistika Modern*. Jakarta: Salemba Humanika.
- Papalia, D. E., Olds, S. W., & Ruth, F., (2009). *Human Development*. Jakarta: Salemba Humanika.
- Pepping, C. A., Duvenage, M., Cronin, T. J., & Lyons, A. (2013). *Adolescent mindfulness and psychopathology: The role of emotion regulation*.
- Pullmann, H., & Allik, J. (2000). *The Rosenberg self-esteem scale: Its dimensionality, stability, and personality correlates in Estonian*.
- Rasmus, I., Juha, V., Sari, F., Riittakerttu & Mauri, M (2012). *How Low Is Low? Low Self-Esteem as an Indicator of Internalizing Psychopathology in Adolescence*.
- Robins, R. W., Trzesniewski, K. H., Tracy, J. L., Gosling, S. D., & Potter, J. (2002). *Global self-esteem across the life span*. Psychology and Aging.

- Rosenberg, M. (1965). *Society and the adolescent self-image*. Princeton, NJ: Princeton University Press.
- Royuela. C. E., & Calvete, E. (2016). *Mindfulness Facets and Depression in Adolescents: Rumination as a Mediator*.
- Santrock, J. W. (2008). *Psikologi Pendidikan Edisi Kedua*. Jakarta: Prenada Media Group.
- Sarwono, S. W. (2000). *Pengantar psikologi umum*. Jakarta: Bulan Bintang.
- Schraml, K., Perski, A., Grossi, G. & Simonsson. S. M. (2011). *Stress symptoms among adolescents: The role of subjective psychosocial conditions, lifestyle, and self-esteem*.
- Sharma, M.K., & Marimuthu, P. (2014). *Prevalence and Psychosocial Factors of Aggression Among Youth*. Indian Journal of Psychological Medicine; 36(1): 48–53.
- Sorensen, M. J. (2006). *Breaking the Chain of Low Self-Esteem*. United States: Wolf Publishing Co.
- Sturgess. M. (2012). *Psychometric validation and demographic differences in two recently developed trait mindfulness*.
- Sugiyono. (2012). *Statistika untuk Penelitian*. Bandung: Alfabeta.
- Sunjoyo (2013). *Aplikasi SPSS Untuk Smart Riset*. Bandung: Alfabeta.
- Yadav, P. & Iqbal, N. (2009). *Impact of Life Skill Training on Self-esteem, Adjustment and Empathy among Adolescents*.

Sumber Internet:

Badan Pusat Statistik. (2012). Diunduh pada Juli 30, 2016, dari <http://www.bps.go.id/>

Komisi Nasional Perlindungan Anak (2015). Diunduh pada Juli 30, 2016 dari www.kpai.go.id.

Mumtazah. (2015). Diunduh pada Juli 30, 2016, dari http://www.rahima.or.id/index.php?option=com_content&view=article&id=1337:pemaknaan-baligh-versus-dewasa-dalam-beragam-konteks--dirasah-hadis-edisi-49&catid=37:dirasah-hadits&Itemid=270