DAFTAR PUSTAKA

Al-Qur'an dan terjemahannya. (2023). Jakarta: Kementrian Agama Republik Indonesia.

Abu-Raiya, H. (2014) 'working with religious muslim clients: a dynamic, qur'anic-based model of psychotherapy', *Spirituality in Clinical Practice*, 1(3), pp. 191-202.

Ad-Dimasyqi, W.A.Z. (2008) *Tafsir Al-Wajiz*. Damaskus: Dar Al-Fikr.

Akula, S., *et al*. (2018) 'Prevalence of temporomandibular joint disorders and its association with stress among dental students in Modinagar, India'. *Journal of Oral Biology and Craniofacial Research*.

Alanbari, B.F., Al Juboori, M.J. *and* Alghazali, M.W. (2023) '*Dental Environment Stress* among Iraqi students: a qualitative study', *Journal of Emergency Medicine, Trauma & Acute Care*, 2023(3), p.3. doi: 10.5339/jemtac.2023.midc.3

Almashraqi, A. A., *et al*. (2025). *Global prevalence of Temporomandibular Disorders: a systematic review and meta-analysis.* Journal of Oral & Facial Pain and Headache.

Alqarni, A. *et al.* (2025) 'Association between psychosocial stressors and *Temporomandibular Disorder*s in clinical dental students: a *cross-sectional* study', *PeerJ*, 13, e19066.

Amran, A.J., Wulandari, S. and Hidayat, R. (2024) 'Hubungan stres dengan *Temporomandibular Disorder* pada mahasiswa preklinik Fakultas Kedokteran Gigi Universitas Muslim Indonesia', *IJOH: Indonesian Journal of Public Health*, 2(2).

Amir, L.R., Tanti, I., Maharani, D.A., Wimardhani, Y.S., Julia, V., Sulijaya, B. and Puspitawati, R. (2020) 'Student perspective of classroom and distance learning during COVID-19 pandemic in the undergraduate dental study program Universitas Indonesia', *BMC Medical Education*, 20(1), 392.

Arnett, J.J., 2000. Emerging adulthood: A theory of development from the late teens through the twenties. American Psychologist, 55(5), pp.469-480.

Aufa, A., Pratama, R. and Lestari, D. (2024). *Hubungan gangguan sendi temporomandibula dengan kualitas hidup pasien*. Jurnal Kedokteran Gigi Klinik, 11(2), pp. 85-92.

Bahrudin. (2021). *Metodologi penelitian kesehatan*. Bandung: Alfabeta.

Beaumont, S. *et al.* (2020) '*Temporomandibular Disorder*: a practical guide for dental practitioners in diagnosis and management', *Australian Dental Journal*, 65(2), pp. 172–180. doi: 10.1111/adj.12778

Bhagat, M. *et al.* (2025) 'Depression and its association with *Temporomandibular Disorder*s: psychological distress as a factor in TMD severity', *Journal of Maxillofacial and Oral Surgery*.

Bouguezzi, A., Fantar, A., Hentati, H. and Selmi, J. (2025) 'The interplay between psychological stress and temporomandibular joint disorders: a comprehensive review', *Journal of Dentistry*, 7(1), pp. 19-30.

Cohen, M., Patel, A. & Rea, P. (2023) *Anatomy, Head and Neck, Temporomandibular Joint*. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing.

Darmawati, Y. (2022). *Gangguan temporomandibular dan faktor risikonya pada mahasiswa*. Makassar: Fakultas Kedokteran Gigi, Universitas Hasanuddin.

De Leeuw, R. *and* Klasser, G.D. (2018) *Orofacial pain: guidelines for assessment, diagnosis, and management*. 6th edn. Chicago: Quintessence Publishing.

Drake, R.L., Vogl, A.W. *and* Mitchell, A.W.M. (2018) *Gray's anatomy for students*. 3rd edn. Philadelphia: Elsevier.

Dubner, R. *et al*. (2016) 'Painful *Temporomandibular Disorder*: decade of discovery from OPPERA studies', *Journal of Dental Research*, 95(10), pp. 1084-1092. doi: 10.1177/0022034516653743

Fonseca, D.M., Bonfante, G., Valle, A.L. and Freitas, S.F.T. (1994) 'Diagnóstico pela anamnese da disfunção craniomandibular', *Revista Gaúcha de Odontologia*, 42(1), pp. 23-28.

Gaş, S., Özsoy, H.E. and Aydın, K.C. (2021) 'The association between sleep quality, depression, anxiety and stress levels, and temporomandibular joint

disorders among Turkish dental students during the COVID-19 pandemic', *CRANIO: The Journal of Craniomandibular and Sleep Practice*.

González, I. B., Montero, J., Gómez Polo, C., & Pardal Peláez, B. (2025). Evaluation of the relationship between bruxism and/or *Temporomandibular Disorder*s and stress, anxiety, and depression in adults: A systematic review and qualitative analysis. *Journal of Dentistry*, 156, 105707.

Hanafi, M., Rahmatillah, A., Wiyono, N., & Mirawati, D. K. (2024). The effect of listening to Holy Quran recitation on stress among healthy adults: A randomized controlled trial. *Universa Medicina*, 43(1), 61–68. https://doi.org/10.18051/univmed.2024.v43.61-68

Harum, S. and Thamrin, A. (2021). *Prevalensi Temporomandibular Disorder pada dewasa muda*. Jurnal Kesehatan Gigi, 9(1), pp. 45–52.

Hasanah, N. (2019). *Kesehatan gigi dan mulut dalam perspektif klinis*. Yogyakarta: Deepublish.

Helkimo, M. (1974) 'Studies on function and dysfunction of the masticatory system: I. The index for anamnestic and clinical dysfunction and occlusal state', *Swedish Dental Journal Supplement*, 7, pp. 1–26.

Hiatt, J.L. and Gartner, L.P. (2020) *Textbook of head and neck anatomy*. 5th edn. Philadelphia: Wolters Kluwer.

Hidayat, A. (2021) 'Konsep menjaga kesehatan dalam Islam dan relevansinya terhadap stres akademik', *Jurnal Kesehatan Islam*, 10(1), pp. 23–34.

Husada, L.E., *et al.* (2019) 'Hubungan antara stres dengan gangguan sendi temporomandibula pada mahasiswa program profesi kedokteran gigi'. *Jurnal Kedokteran Gigi Indonesia*.

Husin. (2020). *Gangguan sistem stomatognatik*. Bandung: Refika Aditama.

Isisag, A. (2025) 'Assessment of pain location according to different types of bruxism', *Journal of Oral & Facial Pain and Headache*.

Istiningtyas. 2013. Analisis faktor risiko gangguan sendi temporomandibula. Semarang: Fakultas Kedokteran Gigi, Universitas Diponegoro.

Khalifeh, E. *et al*. (2022) 'The role of hormones and genetics in *Temporomandibular Disorder*s: a review', *Journal of Oral Rehabilitation*, 49(3), pp. 265–275. doi: 10.1111/joor.13222

Khan, M.J., Altaf, S. & Kausar, H., 2013. Effect of perceived academic stress on students' performance. *International Journal of Research in Medical Sciences*, 1(3), pp.104–107.

Klusmann, H., Luecking, N., Engel, S., Blecker, M. K., Knaevelsrud, C., & Schumacher, S. (2023). Menstrual cycle-related changes in HPA axis reactivity to acute psychosocial and physiological stressors: A systematic review and meta-analysis of longitudinal studies. Neuroscience & Biobehavioral Reviews, 150, 105212.

Leal, M.C.F. *et al.* (2023) 'Association between tooth loss and *Temporomandibular Disorder*s: a systematic review', *European Journal of Dentistry*, 17, pp. 296–309.

Manfredini, D. *et al*. (2020) 'Towards a standardized tool for the assessment of bruxism (STAB) overview and general remarks of a multidimensional bruxism evaluation system', *Journal of Oral Rehabilitation*, 47(5), pp. 549-556. doi: 10.1111/joor.12923

Mashitoh. 2022. Hubungan stres dengan kejadian *Temporomandibular Disorder*. Surabaya: Fakultas Kedokteran Gigi, Universitas Airlangga.

Mazzetto, M.O. *et al*. (2014) 'Severity of TMD related to age, sex, and electromyographic analysis', *Brazilian Dental Journal*, 25(1), pp. 54–58.

Moore, K.L., Dalley, A.F. and Agur, A.M.R. (2018) *Clinically oriented anatomy*. 8th edn. Philadelphia: Wolters Kluwer.

Muhamaad. 2019. Pendekatan klinis dalam diagnosis gangguan sendi rahang. Jakarta: Salemba Medika.

Murdiastuti, K. and Syaify, A. (2022) 'Stres dan kaitannya dengan kebiasaan parafungsional pada mahasiswa kedokteran gigi', *Jurnal Kedokteran Gigi Medula*, 10(1), pp. 32–39.

Muslim, I. (2000) *Shahih Muslim*. Beirut: Dar al-Kutub al-'Ilmiyyah.

Nawawi, A.P., Arifianti, I. and Amanda, K.B. (2025) 'Relationship between stress and temporomandibular joint disorders in medical and dentistry student of Universitas Jenderal Achmad Yani Indonesia', *Journal of Health and Dental Sciences*, 4(3), pp. 301–312.

Nik Mohd Rosdy, N.M.M., *et al.* (2024) 'Academic stress contributes to temporomandibular joint disorders among dental students of Universiti Teknologi MARA Malaysia'. *Compendium of Oral Science*.

Nilsson, I.M., Drangsholt, M. and List, T. (2009) 'Impact of *Temporomandibular Disorder* pain in adolescents: Differences by age and gender', *Journal of Orofacial Pain*, 23(2), pp. 115–122.

Nurafzihah, S., Rahman, F. dan Putri, A. 2024. Evaluasi klinis *Temporomandibular Disorder* pada remaja. Jurnal Ilmu Kesehatan, 12(1), 33–40.

Okeson, J.P. (2020) *Management of Temporomandibular Disorders and occlusion*. 8th edn. St. Louis: Elsevier.

Othman, S. *et al.* (2024) 'Academic stress and coping strategies among dental students', *Journal of Occupational Health*, 66(1).

Purba, R., *et al.* (2020) 'Relationship between work stress and *Temporomandibular Disorder*s risk in dental clinical students of Sriwijaya University'. *Sriwijaya Journal of Dentistry*.

Qin, H., Guo, S., Chen, X., Liu, Y., Lu, L., Zhang, M., Zhang, J., & Yu, S. (2024). *Clinical profile in relation to age and gender of patients with Temporomandibular Disorders: a retrospective study.* BMC Oral Health.

Qonita, A. *et al*. (2024) 'Dampak stres pada kesehatan sistemik', *Jurnal Kesehatan Indonesia*, 14(1), pp. 45–53.

Rahmad, Y., *et al*. (2024) 'The relationship between stress and *Temporomandibular Disorder* in students of the Faculty of Dentistry, Baiturrahmah University'. *Jurnal Kesehatan Gigi dan Mulut*.

Rahman, A. and Kurniawan, D. (2020) 'Kesehatan mental dalam perspektif Islam: Konsep stres dan pengelolaannya', *Jurnal Ilmu Dakwah*, 40(2), pp. 145–158.

Rahmawati, D. 2018. Faktor-faktor yang berhubungan dengan gangguan sendi temporomandibula. Yogyakarta: Fakultas Kedokteran Gigi, Universitas Gadjah Mada.

Rajabi, A. (2023) 'Is bruxism associated with temporomandibular joint disorders? A systematic review and meta-analysis', *Evidence-Based Dentistry*, 24(3), pp. 144-145.

Rasnawati, S., Laila, M. dan Andriani, T. 2024. Manifestasi klinis *Temporomandibular Disorder* berdasarkan pemeriksaan TMJ. Jurnal Kedokteran Gigi Preventif, 10(2), 60–67.

Rintoko, B., Farida, S. and Prihastari, L. (2022) 'Diagnosis gangguan sendi temporomandibular pada kasus kehilangan gigi dengan metode DC/TMD', *Jurnal Ilmiah dan Teknologi Kedokteran Gigi*, 18(1), pp. 31– 37.

Rusiaty A.A.M.I (2019) *Hubungan besar tekanan pada chin rest saat bermain biola terhadap gangguan sendi temporomandibular pada pemain biola di Indonesia*. Thesis. Universitas Hasanuddin.

Rothman, A. and Coyle, A. (2018) 'Toward a framework for Islamic psychology and psychotherapy', *Journal of Religion and Health*, 57(5), pp. 1731–1744.

Sari Melati, R. 2022. *Temporomandibular Disorder* dan implikasinya terhadap fungsi mastikasi. Medan: Fakultas Kedokteran Gigi, Universitas Sumatera Utara.

Saini, R. S., Quadri, S. A., Mosaddad, S. A., *et al*. (2025). The relationship between psychological factors and *Temporomandibular Disorder*s: A systematic review and meta-analysis. *Head & Face Medicine*, 21, 46.

Scarbecz, M. and Ross, J.A. (2002) 'Gender differences in first-year dental students', *Journal of Dental Education*, 66(8), pp. 951–958.

Schellhas, K.P., Wilkes, C.H. & Fritts, H.M. (2021) 'Temporomandibular joint pathology and dysfunction', *Radiologic Clinics of North America*, 59(5), pp. 873–891. doi:10.1016/j.rcl.2021.06.002

Singer, S.R. and Thomas, D.C. (eds.) (2023) *Temporomandibular Disorders: The current perspective*. *Dental Clinics of North America*, 67(2), pp. 281–298.

Shihab, M. Q. 2007. Tafsir Al-Misbah: Pesan, kesan, dan keserasian Al-Qur'an, Jilid 7. Jakarta: Lentera Hati.

Shihab, M.Q. (2002) *Tafsir Al-Misbah: Pesan, Kesan, dan Keserasian Al-Qur'an*. Vol. 15. Jakarta: Lentera Hati.5

Smith, J. *et al*. (2021) 'Recent advances in facial muscle anatomy and their clinical implications', *Clinical Anatomy*, 34(4), pp. 512–520.

Sulaiman, M. (2019) 'Amanah tubuh dalam Islam dan implikasinya terhadap perilaku kesehatan', *Jurnal Studi Al-Qur'an dan Hadis*, 5(2), pp. 89–101.

Sousa, C.R.A. *et al*. (2023) 'Catastrophizing is associated with pain-related disability in *Temporomandibular Disorder*s', *Brazilian Oral Research*, 37, e057. doi: 10.1590/1807-3107bor-2023.vol37.0057

Standring, S. (2020) *Gray's anatomy: the anatomical basis of clinical practice*. 42nd edn. London: Elsevier.

Velly, A.M., Gornitsky, M. and Philippe, P. (2003) 'Contributing factors to chronic myofascial pain: a case-control study', *Pain*, 104(3), pp. 491–499. doi: 10.1016/S0304-3959(03)00101-5

Wan, J. *et al*. (2025) '*Temporomandibular Disorder*s and mental health: shared etiologies and treatment approaches', *The Journal of Headache and Pain*, 26(1), p.52. doi: 10.1186/s10194-025-01589-6

Wang, X. and Cheng, Z. (2020) '*Cross-sectional* studies: strengths, weaknesses, and recommendations', *Chest*, 158(1), pp. S65-S71.

Yatsuya, H. and Ishitake, T. (2021) 'Health of university students under job and financial insecurity during COVID-19 pandemic', *Journal of Occupational Health*, 63(1), e12231. doi: 10.1002/1348-9585.12231