

DAFTAR PUSTAKA

Al-Qur'an

- Arage, G., Assefa, M., Worku, T., 2019. Socio-demographic and economic factors are associated with nutritional status of adolescent school girls in Lay Guyint Woreda, Northwest Ethiopia. *SAGE Open Med* 7.
- Arban, M., Adnin, N., Ilmu Gizi Ypag Makassar, A., 2024. Hubungan Status Gizi dengan Usia Menarche Pada Remaja Putri Di SMP Negeri 8 Makassar Tahun 2023.
- Arifandi, F., Astiwara, E.M., 2024. Majalah Sainstekes Implementasi Metode Tafsir Maudhu'i dalam Prinsip Pola Makan Sehat dan Gizi Seimbang 11, 126–136.
- Arifin, N.A., Fatmawati, F., Fahmi, I., 2020. Hubungan Status Gizi dan Konsumsi Junk Food dengan Menarche Dini Pada Remaja Awal (Studi Kasus di 3 Sekolah Dasar Kota Malang). *Journal of Issues in Midwifery* 4, 82–90.
- Aurelia Noa, Marselinus Laga Nur, Daniela L. A. Boeky, 2024. Hubungan Status Gizi dengan Usia Menarche pada Siswi SMP Kabupaten Ngada. *SEHATMAS: Jurnal Ilmiah Kesehatan Masyarakat* 3, 389–397.
- Ayer, Ç., Ergin, A., 2021. Status of nutritional literacy in adolescents in the semi-rural area in Turkey and related factors. *Public Health Nutr* 24.
- Batubara, J.R.L., Tridjaja, B., Pulungan, A.B., 2010. Buku Ajar Endokrinologi Anak: Pubertas dan Gangguannya Edisi 2. Jakarta: Ikatan Dokter Anak Indonesia.
- Cunningham, F.G., Leveno, K.J., Dashe, J.S., Hoffman, B.L., Spong, C.Y., Casey, B.M., 2022. *Williams Obstetrics* 26th ed, Williams Obstetrics, 26e.
- Das, J.K., Salam, R.A., Thornburg, K.L., Prentice, A.M., Campisi, S., Lassi, Z.S., Koletzko, B., Bhutta, Z.A., 2017. Nutrition in adolescents: physiology, metabolism, and nutritional needs. *Ann N Y Acad Sci*.
- Diao, J., Chen, L., Wei, J., Shu, J., Li, Y., Li, J., Zhang, S., Wang, T., Qin, J., 2022. Prevalence of Malnutrition in Children with Congenital Heart Disease: A Systematic Review and Meta-Analysis. *Journal of Pediatrics* 242.

- Fernández-Lázaro, D., Seco-Calvo, J., 2023. Nutrition, Nutritional Status and Functionality. *Nutrients*.
- Ganong, W.F., Barret, K.E., Barman, S.M., Boitano, S., Brooks, H.L., 2014. Buku Ajar Fisiologi Kedokteran Ganong, Penerbit Buku Kedokteran EGC.
- Gultom, W., Hasanah, O., Utami, S., 2020. Faktor Ibu dan Faktor Anak yang Berhubungan dengan Usia Menarche Pada Anak Sekolah dasar. *Jurnal Ners Indonesia* 10.
- Hidana, R., Wahyani, A.D., Simanjuntak, R.R., Lestari, Y.N., 2022. Bagaimana Status Menarche Berpengaruh Terhadap Status Gizi serta Tingkat Kecukupan Energi dan Zat Gizi Remaja Putri? *Nutrizione: Nutrition Research And Development Journal* 2.
- Hood, R.B., Hart, J.E., Laden, F., Rosner, B., Chavarro, J.E., Gaskins, A.J., 2023. Exposure to Particulate Matter Air Pollution and Age of Menarche in a Nationwide Cohort of U.S. Girls. *Environ Health Perspect* 131.
- John E. Hall, 2012. Guyton and Hall Textbook of Medical Physiology. In: Pocket Companion to Guyton and Hall Textbook of Medical Physiology.
- Karapanou, O., Papadimitriou, A., 2010. Determinants of menarche. *Reproductive Biology and Endocrinology*.
- Kedare, J.S., Kadiani, A., Patkar, P., Gautam, A., 2024. Mental health and well-being of women (menarche, perinatal, and menopause). *Indian J Psychiatry* 66.
- Kemenkes, 2020. Peraturan Menteri Kesehatan Republik Indonesia.
- Kholifah, M.N., 2024. Factors Associated with Early Menarche in Adolescent Girls at SMP Negeri 1 Winong.
- Klein, D.A., Emerick, J.E., Sylvester, J.E., Vogt, K.S., 2017. Disorders of Puberty: An Approach to Diagnosis and Management.
- Kliegman, R.M., Geme, J.W.S., Blum, N.J., Shah, S.S., Tasker, R.C., Wilson, K.M., 2020. Nelson textbook of pediatrics, twenty-first edition, Pediatric Gastrointestinal and Liver Disease, Sixth Edition.
- Lajnah Pentashihan Mushaf Al-Quran, 2013. Makanan dan Minuman dalam Perspektif Al-Quran dan Sains.

- Lee, H.S., 2021. Why should we be concerned about early menarche? *Clin Exp Pediatr*.
- Lee, M.H., Kim, S.H., Oh, M., Lee, K.W., Park, M.J., 2016. Age at menarche in Korean adolescents: Trends and influencing factors. *Reprod Health* 13.
- Majelis Ulama Indonesia, 2016. Haid dan Kesehatan Menurut Ajaran Islam. Sekolah Pascasarjana Universitas Nasional.
- Marques, P., Madeira, T., Gama, A., 2022. Menstrual cycle among adolescents: girls' awareness and influence of age at menarche and overweight. *Revista Paulista de Pediatria* 40.
- Melmed, S., Polonsky, K.S., Larsen, P.R., Kronenberg, H.M., 2015. Williams Textbook of Endocrinology, Williams Textbook of Endocrinology.
- Mueller, C., Compher, C., Ellen, D.M., 2011. A.S.P.E.N. clinical guidelines: Nutrition screening, assessment, and intervention in adults. *Journal of Parenteral and Enteral Nutrition* 35.
- Neufingerl, N., Eilander, A., 2023. Nutrient Intake and Status in Children and Adolescents Consuming Plant-Based Diets Compared to Meat-Eaters: A Systematic Review. *Nutrients*.
- Nguyen, N.T.K., Fan, H.Y., Tsai, M.C., Tung, T.H., Vu Huynh, Q.T., Huang, S.Y., Chen, Y.C., 2020. Nutrient intake through childhood and early menarche onset in girls: Systematic review and meta-analysis. *Nutrients* 12.
- Nurhayati, R., Purwandari, H., 2023. Frekuensi Konsumsi Junk Food Dengan Kejadian Menarche Dini Pada Remaja Putri. *Jurnal Kebidanan Midwifery* 9.
- Oliveira, K.C. e., Neto, J.C., Aragon, D.C., Antonini, S.R., 2024. Nutritional status and age at menarche in Amazonian students. *J Pediatr (Rio J)* 100, 406–412.
- Rahayu, E., Khoiriyah, H., Kebidanan, A., Buana, W., 2023. Hubungan Status Gizi dengan Usia Menarche Pada Remaja Putri. *Jurnal Kesehatan Wira Buana* 14, 2541–5387.
- Rahmawati, E., Yuliani, I., Malang, P.K., 2024. Hubungan Gizi dengan Infertilitas dan Menarche.
- Riskesdas, 2018a. Laporan Riskesdas 2018 Nasional.
- Riskesdas, 2018b. Laporan Provinsi DKI Jakarta Riskesdas 2018.

- Sari, N.N.P., Sukraniti, D.P., Suantara, I.M.R., 2019. Frekuensi Konsumsi Junk Food, Status Gizi dan Usia Menarche Pada Siswi SMP Dharma Praja Kabupaten Badung Provinsi Bali. *Jurnal Ilmu Gizi: Journal of Nutrition Science* 8.
- Tamo, A.Y., Anis, W., Presetyo, B., 2022. The Correlation Between Heredity And mass Media Exposure Factors On The Early Menarche Incident On Adolescent Girls. *Jurnal Biometrika dan Kependudukan* 11.
- Tegegnetwork, S.S., Dersch, B.T., Meseret, W.A., Zeru, A.B., Assefa, H.K., Bilchut, A.H., Ahmed, S.M., 2023. Nutritional Status and Associated Factors Among School Adolescent Girls in North Shoa Zone, Amhara Region, Ethiopia: A Cross-Sectional Study. *Women's Health Reports* 4.
- Trisnadewi, E., Irlah, R., Putri, G.E., Dasril, O., Fernando, F., 2023. Faktor-Faktor yang Berhubungan Dengan Kejadian Menaechhe Dini Pada Remaja Putri di SMP Negeri 15 Padang 5 Nomor 2.
- Wiwik Widiyati, 2023. Makanan Dan Gizi Dalam Perspektif Islam Dan Kesehatan. *Corona: Jurnal Ilmu Kesehatan Umum, Psikolog, Keperawatan dan Kebidanan* 1, 150–162.
- Zhou, X., Hu, Y., Yang, Z., Gong, Z., Zhang, S., Liu, X., Chen, Y., Ye, C., Chen, L., Wang, T., 2022. Overweight/Obesity in Childhood and the Risk of Early Puberty: A Systematic Review and Meta-Analysis. *Front Pediatr.*