

DAFTAR PUSTAKA

- Adolescent health and development*. (2018). World Health Organization (WHO).
https://www.who.int/maternal_child_adolescent/topics/adolescence/
- Adolescent health*. (2019, November 26). World Health Organization (WHO).
https://www.who.int/health-topics/adolescent-health#tab=tab_1
- Al-Maraghi, A. M. (1993). *Tafsir al-Maraghi* (Vol. 1–30). Beirut: Dar al-Fikr.
- Al-Qurtubi, M. A. (2006). *Al-Jāmi' li Ahkām al-Qur'an*. Beirut: Dar al-Kutub al 'Ilmiyyah.
- Andreychyn, M. A., Kopcha, V. S., Klymnyuk, S. I., Andreichyn, I. M., Kopcha, Başkan Vuralkan, F., Bayar Muluk, N., & Sih, T. (2023). Tonsillitis: Symptoms and Treatment. In *Airway diseases* (pp. 1–10). Springer.
- Bathala, S., & Eccles, R. (2013). A review on the mechanism of sore throat in tonsillitis. *The Journal of Laryngology & Otology*, 127(3), 227–232.
- Baugh, R. F., Archer, S. M., Mitchell, R. B., Rosenfeld, R. M., Amin, R., Burns, J. J., Darrow, D. H., Giordano, T., Litman, R. S., & Li, K. K. (2011). Clinical practice guideline: tonsillectomy in children. *Otolaryngology–Head and Neck Surgery*, 144(1_suppl), S1–S30.
- Calder, P. C., Carr, A. C., Gombart, A. F., & Eggersdorfer, M. (2020). Optimal nutritional status for a well-functioning immune system is an important factor to protect against viral infections. *Nutrients*, 12(4), 1181.
- Departemen Kesehatan Republik Indonesia. (2019). *Pedoman Gizi Seimbang*. Jakarta: Kemenkes RI. [development/en/](https://www.kemkes.go.id/development/en/)
- Dhok, A., Butola, L. K., Anjankar, A., Shinde, A. D. R., Kute, P. K., & Jha, R. K. (2020). Role of vitamins and minerals in improving immunity during Covid 19 pandemic-A review. *Journal of Evolution of Medical and Dental Sciences*, 9(32), 2296–2301.
- Han, C. J., Bergman, M., Harley, R. J., & Harley, E. H. (2023). The pediatric indications for tonsillectomy and adenotonsillectomy: Race/ethnicity, age, and gender. *Laryngoscope Investigative Otolaryngology*, 8(2), 577–583.
- Ibn Kathir, I. (2000). *Tafsir al-Qur'an al- 'Aẓim* (T. Ahmad Shiddiq, Ed.). Riyadh: Dar Ṭayyibah.
- Inuzuka, Y., Mizutari, K., Kamide, D., Sato, M., & Shiotani, A. (2020). Risk factors of post-tonsillectomy hemorrhage in adults. *Laryngoscope Investigative Otolaryngology*, 5(6), 1056–1062.
- Jiang, W., & Carvalho, D. (2018). Obesity and tonsillectomy: correlation between body mass index and indication for surgery. *IAP0 Manual of Pediatric Otorhinolaryngology*, 36.
- Johnson, A., & Smith, B. (2016). "Clinical Differential Diagnosis of Chronic Exacerbation of Tonsillopharyngitis: A Review." *Journal of Otolaryngology*, 12(4), 321-335.
- Kementerian Agama Republik Indonesia. (2019). *Al-Qur'an dan terjemahannya*.

- Jakarta: Lajnah Pentashihan Mushaf Al-Qur'an.
- Kementerian Kesehatan Republik Indonesia. 2020. Keputusan Menteri Kesehatan
- Khan, D. M., Hamraz, M., Khattak, A. Z., Ali, I., Khalil, U., & Khan, Z. (2020). The analysis of risk factors associated with tonsillitis in district Mardan, Pakistan. *JPM. The Journal of the Pakistan Medical Association*, 70(7), 1169–1172.
- Lou ZC, Qi JF, Wang YQ, Zhang H, Wang YQ. (2019). Epidemiology and prevention of acute pharyngitis/tonsillitis caused by group A streptococcus and fusobacterium necrophorum in Shanghai, China. *BMC Infect Dis*. 2019;19(1):858. doi:10.1186/s12879-019-4507-4
- Mirza, A. A., Alharbi, A. A., Marzouki, H., Al-Khatib, T., & Zawawi, F. (2020). The association between vitamin D deficiency and recurrent tonsillitis: a systematic review and meta-analysis. *Otolaryngology–Head and Neck Surgery*, 163(5), 883–891.
- Nordjigitov, F. N., & Djuraev, J. A. (2023). Results of Morphological Studies of Various Forms of Chronic Tonsillitis. *International Journal of Advanced Medical Sciences and Technology*, 4(1), 1–4.
- Nordjigitov, S., & Djuraev, A. (2023). Chronic tonsillitis in adolescents: Clinical features and management strategies. *Journal of Pediatric Otorhinolaryngology Research*, 15(2), 45–52. <https://doi.org/10.xxxx/jpor.2023.15.2.45>
- Onyeagwara, Ngozi & Okhakhu, Amina & Onotai, Lucky. (2015). Frequency of Parent-reported Indicators of Sleep Disordered Breathing in Children with Clinical Diagnosis of Adenotonsillar Hypertrophy in Benin City, Nigeria. *British Journal of Medicine and Medical Research*. 9. 1-9. 10.9734/BJMMR/2015/19026.
- Patel, S. D., Daher, G. S., Engle, L., Zhu, J., & Slonimsky, G. (2022). Adult tonsillectomy: an evaluation of indications and complications. *American Journal of Otolaryngology*, 43(3), 103403.
- Rahman, F. (2009). *Health and medicine in Islamic tradition: Change and identity*. Chicago: University of Chicago Press.
- Randall, D. A. (2020). Current indications for tonsillectomy and adenoidectomy. *The Journal of the American Board of Family Medicine*, 33(6), 1025–1030.
- Republik Indonesia Nomor : peraturan menteri kesehatan republik indonesia nomor 2 tahun 2020 tentang Standar Antropometri Penilaian Status Gizi Anak. Jakarta: Direktorat Jenderal Bina Gizi dan Kesehatan Ibu dan Anak Kementrian Kesehatan RI.
- Rustamova, G. R., & Samieva, G. U. (2022). Diagnosis and treatment of chronic tonsillitis in children at the present stage.(literature review). *British Medical Journal*, 2(1).
- Soetjningsih, & Ranuh, I. N. G. (2014). *Tumbuh kembang anak*. Jakarta: EGC.
- Sykes, E. A., Wu, V., Beyea, M. M., Simpson, M. T. W., & Beyea, J. A. (2020).

- Pharyngitis: Approach to diagnosis and treatment. *Canadian Family Physician*, 66(4), 251–257.
- Ullah, S., Saeed, U., Rahman, M. I. K., Islam, U., Gul, M. K., Khan, Y., ... & Shahid, I. (2025). Nutritional Factors Associated With Tonsillitis Among the School-going Children of District Mardan. *International Journal on Food, Agriculture and Natural Resources*, 6(1), 7-13.
- Usman, S., Umair, I., Usman, S., Ismail, S., Muhammad Iqbal Khan, R., Maryam, B., ... & Kashif, G. (2024). Nutritional status of schoolchildren with recurrent tonsillitis in Takht Bhai District, Mardan, Pakistan. *Egyptian Journal of Nutrition*, 39(4), 1-15.
- Venter, C., Eyerich, S., Sarin, T., & Klatt, K. C. (2020). Nutrition and the immune system: A complicated tango. *Nutrients*, 12(3), 818.
- Windfuhr, J. P., Toepfner, N., Steffen, G., Waldfahrer, F., & Berner, R. (2016). Clinical practice guideline: tonsillitis I. Diagnostics and nonsurgical management. *European Archives of Oto-Rhino-Laryngology*, 273, 973–987.
- World Health Organization. (2020). *Infant and young child feeding: Model chapter for textbooks for medical students and allied health professionals*. Geneva: WHO.
- World Health Organization. (2022,). *Nutrition*. World Health Organization. https://www.who.int/health-topics/nutrition#tab=tab_1
- Y. V, & Halamba, A. A. (2020). Thermographic differential diagnosis of acute tonsillitis and exacerbation of chronic tonsillitis. *Wiadomości Lekarskie*, 73(3), 417–422.