

ABSTRAK

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Peran *Career Adaptability* dalam Memediasi Pengaruh *Self-Efficacy* dan *Career Exploration* Terhadap Kesiapan Kerja Serta Tinjauannya dari Sudut Pandang Islam (Studi Kasus pada Mahasiswa Tingkat Akhir di PTS Berakreditasi Unggul di Wilayah DKI Jakarta)

150 halaman + xv halaman, 21 tabel, 2 gambar, dan 7 lampiran.

Uraian Abstrak

Penelitian ini bertujuan untuk menganalisis peran *career adaptability* dalam memediasi pengaruh *self-efficacy* dan *career exploration* terhadap kesiapan kerja mahasiswa tingkat akhir. Penelitian ini menggunakan desain *explanatory research* dengan populasi mahasiswa tingkat akhir di Perguruan Tinggi Swasta wilayah DKI Jakarta dan jumlah sampel 105 responden. Data dikumpulkan melalui kuesioner dan dianalisis menggunakan metode *Partial Least Square Structural Equation Modeling* (PLS-SEM). Hasil penelitian menunjukkan bahwa *self-efficacy* tidak mampu menjelaskan kesiapan kerja secara langsung, namun memiliki kaitan untuk meningkatkan *career adaptability*. Sementara itu, *career exploration* memiliki peran penting dalam meningkatkan *career adaptability*, dan juga dapat meningkatkan kesiapan karir mahasiswa dalam memasuki dunia kerja. Selain itu, *career adaptability* memiliki kontribusi yang kuat terhadap kesiapan kerja mereka. Temuan mediasi menunjukkan bahwa *career adaptability* terbukti keberadaannya berperan terhadap *self-efficacy* untuk meningkatkan kesiapan kerja. Adapun keterkaitan antara *career exploration* dan kesiapan kerja tidak melalui mekanisme *career adaptability*. Dalam sudut pandang Islam, *self-efficacy* mencerminkan keyakinan diri yang dilandasi iman kepada Allah SWT, *career exploration* merupakan bentuk ikhtiar dalam merencanakan masa depan, sedangkan *career adaptability* menggambarkan kesiapan dan ketangguhan individu dalam menghadapi perubahan. Kesiapan kerja dipandang sebagai amanah, sehingga mahasiswa dituntut mempersiapkan diri secara optimal baik secara profesional maupun spiritual.

Kata kunci: adaptabilitas karier, efikasi diri, eksplorasi karier, kesiapan kerja, mahasiswa.

ABSTRACT

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The Role of Career Adaptability in Mediating the Influence of Self-Efficacy and Career Exploration on Work Readiness and Its Review from an Islamic Perspective (A Case Study on Final-Year Students at Accredited-Excellent Private Universities in the DKI Jakarta Region)

150 pages +xv pages, 21 tables 2 pictures, and 7 attachments

Abstract Description

This study aims to analyze how career adaptability mediates the effects of self-efficacy and career exploration on the work readiness of final-year students. This study uses an explanatory research design with a population of final-year students at private universities in the DKI Jakarta area and a sample of 105 respondents. Data were collected through questionnaires and analyzed using Partial Least Squares Structural Equation Modeling (PLS-SEM). The study's results show that self-efficacy does not directly explain job readiness, but it is associated with greater career adaptability. Meanwhile, career exploration plays an important role in career adaptation and can increase students' readiness to enter the workforce. In addition, career adaptability has a strong contribution to their job readiness. The mediation findings indicate that career adaptability contributes to self-efficacy and job readiness. The relationship between career exploration and job readiness is not through a career adaptability mechanism. From an Islamic perspective, self-efficacy reflects self-confidence grounded in faith in Allah SWT; career exploration is an effort to plan the future; and career adaptability describes individuals' readiness and resilience in the face of change. Job readiness is a mandate, so students are required to prepare themselves optimally, both professionally and spiritually.

Keywords: *career adaptability, career exploration, self-efficacy, student, work readiness.*