

ABSTRAK

“Tak Lagi Dekat, Tak Lagi Sama”: Studi *Photovoice* tentang *Father Involvement* dari Perspektif Individu dengan Riwayat Ayah Berselingkuh dalam Perspektif Islam

Penelitian ini bertujuan untuk memahami pengalaman individu *emerging adulthood* mengenai keterlibatan ayah dalam pengasuhan (*father involvement*) yang memiliki riwayat perselingkuhan. Menggunakan pendekatan fenomenologi dan metode *photovoice*, lima partisipan berusia 18–25 tahun diwawancarai untuk menggali dinamika hubungan dengan ayah sebelum dan setelah perselingkuhan terjadi. Analisis tematik menghasilkan dua tema utama yakni (1) Spektrum hubungan antara ayah dan anak (2) Dampak multidimensional dari perselingkuhan ayah pada keluarga. Secara lebih spesifik, hasil penelitian menunjukkan bahwa hubungan ayah dan anak mengalami perubahan jarak yang signifikan. Sosok ayah yang sebelumnya dianggap dekat dan mendukung berubah menjadi figur yang menciptakan ketegangan dan sering kali menjadi sumber rasa sakit emosional. Partisipan mengungkapkan perasaan marah, kecewa, kehilangan rasa percaya, dan kecemasan dalam membangun hubungan romantis di masa depan. Meski demikian, mereka berupaya untuk memulihkan diri dengan fokus masa depan. Temuan penelitian ini dapat dijadikan landasan bagi pengembangan intervensi yang bertujuan untuk mempertahankan kualitas keterlibatan ayah, karena pada fase *emerging adulthood*, individu sedang menghadapi eksplorasi identitas dan ketidakpastian arah hidup sehingga sangat membutuhkan dukungan emosional dan kehadiran orang tua. Dalam perspektif Islam, perselingkuhan merupakan perbuatan yang sangat dibenci dan tergolong dosa besar sebagaimana larangan dalam QS. Al-Isra [17]:32. keterlibatan ayah merupakan amanah yang harus dijaga, sebagaimana disebutkan dalam QS. Al-Baqarah [2]:233 tentang kewajiban ayah menafkahi keluarganya, serta hadis riwayat Bukhari-Muslim yang menegaskan setiap ayah akan dimintai pertanggungjawaban atas kepemimpinannya dalam keluarga.

kata kunci: *father involvement*, perselingkuhan, *emerging adulthood*.

ABSTRACT

“No Longer Close, No Longer the Same”: Photovoice Study of Father Involvement from the Perspective of Individuals with a History of Cheating Fathers in an Islamic Perspective

This study aims to understand the experiences of emerging adults regarding father involvement in parenting who have a history of infidelity. Using a phenomenological approach and the photovoice method, five participants aged 18–25 years were interviewed to explore the dynamics of their relationship with their fathers before and after the infidelity occurred. Thematic analysis yielded two main themes: (1) The spectrum of father-child relationships and (2) The multidimensional impact of a father's infidelity on the family. More specifically, the study findings indicate that the father-child relationship experienced a significant shift in distance. The father, who was previously perceived as close and supportive, transformed into a figure who created tension and often became a source of emotional pain. Participants expressed feelings of anger, disappointment, loss of trust, and anxiety in building romantic relationships in the future. Nevertheless, they strive to recover by focusing on the future. The findings of this study can be used as a basis for developing interventions aimed at maintaining the quality of father involvement, because during the emerging adulthood phase, individuals are facing identity exploration and uncertainty about the direction of their lives, so they really need emotional support and the presence of their parents. From an Islamic perspective, infidelity is a deeply despised act and classified as a major sin, as prohibited in QS. Al-Isra [17]:32. Father involvement is a trust that must be upheld, as mentioned in QS. Al-Baqarah [2]:233 regarding a father's obligation to provide for his family, as well as the hadith narrated by Bukhari-Muslim, which emphasizes that every father will be held accountable for his leadership within the family.

Keywords: *father involvement, infidelity, emerging adulthood.*