

ABSTRAK

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Program Studi : Kedokteran
Judul Skripsi : Hubungan Hasil Test *Minnesota Multiphasic Personality Inventory* (MMPI) dengan Hasil Studi Tahun I Mahasiswa Kedokteran Universitas YARSI Angkatan 2023 serta Tinjauannya Menurut Pandangan Islam

Latar Belakang: Keberhasilan akademik mahasiswa kedokteran dipengaruhi oleh kondisi psikologis dalam menghadapi tekanan akademik. Tes *Minnesota Multiphasic Personality Inventory* (MMPI) digunakan untuk menilai kondisi psikologis yang berpotensi memengaruhi hasil studi.

Tujuan: Mengetahui hubungan antara hasil tes MMPI dengan hasil studi tahun pertama mahasiswa Fakultas Kedokteran Universitas YARSI angkatan 2023.

Metode: Penelitian kuantitatif dengan desain *cross-sectional* menggunakan data sekunder hasil MMPI dan Indeks Prestasi Kumulatif (IPK) semester 1 dan 2 dari 90 mahasiswa dengan data MMPI valid. Analisis data meliputi statistik deskriptif, tabulasi silang (*crosstab*), dan uji korelasi Spearman Rank ($\alpha = 0,05$).

Hasil: Sebagian besar mahasiswa berada pada kategori MMPI cukup. Rata-rata IPK semester 1 sebesar 3,099 dan semester 2 sebesar 3,109. Analisis *crosstab* tidak menunjukkan dominasi kategori MMPI pada setiap kelompok IPK. Uji korelasi Spearman menunjukkan tidak terdapat hubungan yang signifikan antara skor MMPI dengan IPK semester 1 ($p = 0,785$) maupun semester 2 ($p = 0,178$).

Kesimpulan: Tidak terdapat hubungan yang bermakna antara hasil tes MMPI dengan hasil studi tahun pertama mahasiswa Fakultas Kedokteran Universitas YARSI.

Kata Kunci : Hasil studi, IPK, kesehatan psikologis, mahasiswa kedokteran, MMPI

ABSTRACT

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Study Program : Medicine
Title : Association Between Minnesota Multiphasic Personality Inventory (MMPI) Results and First-Year Academic Performance Among Medical Students Class of 2023 at YARSI University, and Its Review from an Islamic Perspective

Background: Academic performance in medical students is influenced by psychological conditions in coping with academic demands. The Minnesota Multiphasic Personality Inventory (MMPI) is used to assess psychological status that may affect academic outcomes.

Objective: To determine the relationship between MMPI results and first-year academic performance of medical students at the Faculty of Medicine, Universitas YARSI, class of 2023.

Methods: This quantitative study employed a cross-sectional design using secondary data from valid MMPI results and Grade Point Average (GPA) of semesters 1 and 2 from 90 students. Data were analyzed using descriptive statistics, cross-tabulation, and Spearman rank correlation ($\alpha = 0.05$).

Results: The majority of students were classified in the moderate MMPI category, followed by the good and poor categories. The mean GPA was 3.099 in semester 1 and 3.109 in semester 2. Cross-tabulation analysis showed that each GPA group consisted of students from all MMPI categories in both semesters, with no single category predominating. Spearman correlation analysis revealed no significant relationship between MMPI scores and GPA in semester 1 ($p = 0.785$) or semester 2 ($p = 0.178$).

Conclusion: There was no significant relationship between MMPI results and first-year academic performance of medical students at the Faculty of Medicine, Universitas YARSI.

Keywords : Academic performance, GPA, medical students, MMPI, psychological health