

ABSTRAK

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Program Studi : Kedokteran Umum

Judul Skripsi : Perilaku Hidup Bersih Sehat dan Sanitasi Pengolahan Makanan pada Kejadian Gastroenteritis Santriwati Madrasah Tsanawiyah Pesantren Modern Ummul Quro Al-Islami dan Tinjauannya menurut Pandangan Islam

Pendahuluan: Gastroenteritis merupakan penyakit inflamasi saluran pencernaan dengan prevalensi tinggi di Indonesia yang memiliki efek merugikan bagi penderitanya, terutama anak-anak. Gastroenteritis sering dikaitkan dengan konsumsi makanan yang tidak higienis dan tidak ditangani dengan baik. Kasus gastroenteritis cukup banyak terjadi pada siswa yang tinggal di sekolah berasrama. Penelitian ini bertujuan untuk mengetahui hubungan antara sanitasi, pengelolaan makanan, dan Perilaku Hidup Bersih dan Sehat (PHBS) dengan insiden gastroenteritis di kalangan santriwati di sebuah Madrasah Tsanawiyah di Kota Bogor.

Tujuan Penelitian: Tujuan umum penelitian ini untuk mengetahui Perilaku Hidup Bersih Sehat dan Sanitasi Pengolahan Makanan pada Kejadian Gastroenteritis Santriwati Madrasah Tsanawiyah Pesantren Modern Ummul Quro Al-Islami dan Tinjauannya menurut Pandangan Islam.

Metodologi: Penelitian ini menggunakan rancangan penelitian cross-sectional dengan pendekatan kualitatif analitik. Responden penelitian diambil dari 95 santriwati yang dipilih melalui simple random sampling.

Hasil: Data diperoleh melalui kuesioner tentang pengetahuan gastroenteritis, PHBS, dan observasi terhadap sanitasi dan praktek pengolahan makanan. Hasil menunjukkan bahwa mayoritas responden (75,8%) memiliki pengetahuan yang cukup tentang gastroenteritis, sedangkan 60% responden menunjukkan upaya PHBS yang cukup. Berdasarkan hasil observasi, maka sanitasi pengolahan makanan, termasuk dalam kategori sudah cukup baik (60%) dilakukan.

Kesimpulan: Dari penelitian ini dapat disimpulkan bahwa tidak terdapat hubungan signifikan antara pengetahuan, perilaku PHBS, dan sanitasi dalam pengolahan makanan terhadap kejadian gastroenteritis. Dalam tinjauan Islam, pengetahuan bukan hanya menunjukkan keimanan dan ketakwaan, tetapi juga dapat berkontribusi dalam pencegahan gastroenteritis

Kata Kunci: Perilaku Hidup Bersih Sehat, Sanitasi Pengolahan Makanan, Pengetahuan, Gastroenteritis, Santriwati.

ABSTRACT

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Title : *Impact of Healthy Living Behavior, Food Handling Sanitation on Gastroenteritis Incidence among Female Students at Ummul Quro Al-Islami Junior High School in Bogor and Its Review from Islamic Perspectives.*

Introduction: *Gastroenteritis is an inflammatory disease of the digestive tract with a high prevalence in Indonesia, which has detrimental effects on sufferers, especially children. Gastroenteritis is often associated with the consumption of unhygienic food and is not handled properly. Gastroenteritis cases occur quite often in students who live in boarding schools. This study aims to determine the relationship between sanitation, food management, and Clean and Healthy Living Behavior (PHBS) with the incidence of gastroenteritis among female students at a Tsanawiyah Madrasah in Bogor City.*

Research Objective: *The general purpose of this study is to determine Impact of Healthy Living Behavior, Food Handling Sanitation on Gastroenteritis Incidence among Female Students at Ummul Quro Al-Islami Junior High School in Bogor and Its Review from Islamic Perspectives*

Methodology: *This research uses a cross-sectional research design with a qualitative analytical approach. Research respondents were taken from 95 female students selected through simple random sampling.*

Results: *Data were obtained through questionnaires regarding knowledge of gastroenteritis, PHBS, and observations of sanitation and food processing practices. The results showed that the majority of respondents (75.8%) had sufficient knowledge about gastroenteritis, while 60% of respondents indicated sufficient PHBS efforts. Based on the results of observations, food processing sanitation is included in the category of being quite good (60%).*

Conclusion: *From this study it can be concluded that there is no significant relationship between knowledge, PHBS behavior, and sanitation in food processing on the incidence of gastroenteritis. In Islamic terms, knowledge not only shows faith and piety, but can also contribute to the prevention of gastroenteritis*

Keywords: *Impact of Healthy Living Behavior, Food Handling Sanitation, Knowledge, Gastroenteritis, Female Students.*