

DAFTAR PUSTAKA

Al-Qur'an dan Terjemahannya 1998, Departemen Agama Republik Indonesia. Semarang : PT. Karya Toha Putra.

Lauralee Sherwood (2014). Fisiologi Manusia Dari Sel ke Sistem Edisi 6. Jakarta: Penerbit Buku Kedokteran EGC.

Sugondo S (2006). Obesitas. Dalam Sudoyo et al. Buku Ajar Ilmu Penyakit Dalam Jilid III Edisi IV. Jakarta: Pusat Penerbitan IPD FKUI, 1919-1923

World Health Organization. Overweight and Obesity (2014). Available from: <http://www.who.int/mediacentre/factsheets/fs311/en/>

Shah SZA, Devrajani BR, Devrajani T, Bibi I. Frequency of Dyslipidemia in Obese versus Non-obese in relation to Body Mass Index (BMI), Waist Hip Ratio (WHR) and Waist Circumference (WC). Pakistan Journal of Science [serial online]. 2008 [cited 2010 March]; 62 (1): 27-31. Available from: <http://www.lumhs.edu.pk/faculties/.../dr.../22.pdf>

Ruotolo, G., Howard, B.V., Robbins, D.C. Dyslipidemia of Obesity, 2003. Available from: [URL:http://www.endotext.com](http://www.endotext.com)

LIPI. (2009). Kolesterol. UPT-BALAI INFORMASI TEKNOLOGI LIPI. Pangan dan Kesehatan. Copyright@2009. <http://medicastore.com>.halaman 1-4

Botham KM, Mayes PA, 2009. Sintesis, Pengangkutan, dan Ekskresi Kolesterol. Buku Biokimia Harper Ed.27. Terjemahan: Andry Hartono. Jakarta:EGC, 239-49

Calabresi L, Gomaschi M, Franceschini G. 2003. Endothelial protection by high-density lipoprotein: from bench to bedside. *Arterioscler Thromb Vasc Biol.* 23: 1724-31.

National Cholesterol Education Program(NCEP) Expert Panel on Detection Evaluation and Treatment of High Blood Cholesterol in Adults(Adult Treatment Panel III), 2001. Executive Summary of The Third Report of The National Cholesterol Education Program (NCEP) Expert Panel on Detection, Evaluation

and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III).
JAMA. 285(19):2486-2497

Sihadi & Djaiman SPH. 2006. Risiko kegemukan terhadap kadar kolesterol.
Media gizi dan keluarga, 1, 58—64

Zhang B, Kawachi E, Miura S, Uehara Y, Matsunaga A, Kuroki M. Therapeutic
approaches to the regulation of metabolism of high-density lipoprotein. J Circ.
2013;12:2652-63.

Zuhroni, Raini N, dan Naszaruddin N (2003) Islam Untuk Disiplin Ilmi Kesehatan
dan Kedokteran 2 (Fiqh Kontemporer), Jakarta: Departemen Agama Islam

As-Sayyid, Abdul Batish Muhammad (2006). Edisi Indonesia: Pola Makan
Rasulullah. Jakarta: Penerbit Almahira

Roza (2010) Pengaruh Latihan Fisik terhadap Profil Lipid Wanita Usia Dewasa.
MNM. 2:31-4.

Rattu AJ, Rampengan JJ. Perubahan Kadar High Density-Lipoprotein Setelah
Senam Poco-poco. Buletin Penelitian Kesehatan. 2004;32:43-8.