

## ABSTRAK

Nama : Balqis Nihlah Hilyati  
Program Studi : Kedokteran  
Judul : Hubungan Penggunaan OAINS (Obat Antiinflamasi Nonsteroid dengan gejala Gastritis pada Mahasiswa Fakultas Kedokteran Universitas Yarsi Angkatan 2018 dan Tinjauannya Menurut Pandangan Islam

**Latar Belakang:** Gastritis merupakan penyakit ke-9 terbanyak pada Rawat Jalan di Rumah Sakit Jawa Barat pada Tahun 2014. OAINS merupakan salah satu obat yang banyak digunakan di Indonesia. Penggunaan OAINS memiliki banyak efek samping diantaranya dapat menyebabkan kerusakan mukosa lambung. Penelitian ini bertujuan akan dihasilkan suatu temuan mengenai seberapa besar hubungan antara penggunaan OAINS terhadap kejadian gejala gastritis.

**Metode:** Penelitian ini berjenis observasional analitik dengan desain *cross-sectional*. Jumlah minimal sampel penelitian yang dibutuhkan adalah 80 orang dan ditetapkan dengan cara *Accidental Sampling*. Analisis data dilakukan secara univariat dan bivariat (uji *chi-square*) menggunakan SPSS.

**Hasil:** Dari 96 responden, didapatkan 54 orang (56.3%) memiliki riwayat gejala gastritis, sementara 42 orang (43.8%) lainnya tidak. Dalam hal frekuensi penggunaan OAINS ditemukan sebanyak 22 orang (22.9%) tidak pernah, 67 orang (69.8%) kadang-kadang, dan 7 orang (7.3%) sering mengonsumsi OAINS. Berdasarkan hasil uji *Chi Square* didapatkan hubungan yang tidak bermakna (signifikan) antar 2 variabel yakni dengan nilai  $p = 0.088 (>0.05)$ .

**Kesimpulan:** Tidak terdapat hubungan yang bermakna antara OAINS dengan gejala gastritis pada Mahasiswa Fakultas Kedokteran Universitas Yarsi Angkatan 2018 dan menurut pandangan Islam, hukum mengonsumsi OAINS bagi orang yang memiliki riwayat gastritis adalah mubah ditinjau dari mafsadah dan mudharatnya.

**Kata Kunci :** OAINS; Gejala Gastritis; Tinjauan Islam.

## **ABSTRACT**

*Name* : Balqis Nihlah Hilyati  
*Study Program* : Medicine  
*Title* : *The Relationship between the Use of NSAIDs (Nonsteroidal Anti-Inflammatory Drugs) with Gastritis Symptoms in Students of the Faculty of Medicine, Yarsi University Class of 2018 and its Review according to Islam*

***Introduction:*** Gastritis is a disease 9th most Outpatient in a Hospital in West Java in 2014. NSAIDS is one of the drugs that are widely used in Indonesia. The use of NSAIDS has many side effects, which can lead to damage of the gastric mucosa. This research aims will be produced by the findings the relationship between the use of NSAIDS on the incidence of symptoms of gastritis.

***Methods:*** This research is an analytic observational type with a cross-sectional design. The minimum number of research samples needed is 80 people and is determined by accidental sampling. Data analysis was carried out univariate and bivariate (chi-square test) using SPSS program.

***Results:*** From 96 samples, 54 people (56.3%) had a history of gastritis symptoms and 42 people (43.8%) did not. In terms of frequency of NSAID use, 22 people (22.9%) never used, 67 people (69.8%) sometimes, and 7 people (7.3%) often took NSAIDs. Based on the results of the Chi Square test, there was a non-significant (significant) relationship between this 2 variables, with  $p$  value = 0.088 ( $>0.05$ ).

***Conclusion:*** There is no significant relationship between NSAIDs and gastritis symptoms in students of the Faculty of Medicine Yarsi University Class of 2018 and according to the Islamic view, the law of consuming NSAIDs for people who have a history of gastritis is permissible in terms of its benefits and harms.

***Keyword :*** NSAIDs; Gastritis Symptoms; Islamic Overview