

ABSTRAK

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Program Studi : Kedokteran
Judul Skripsi : Hubungan Antara *Cyberbullying* Dengan Kesehatan Mental Pada Mahasiswa Fakultas Kedokteran Universitas YARSI Angkatan 2019 dan 2020 dan Tinjauannya Menurut Pandangan Islam

Latar Belakang: Internet menjadi salah satu hal media yang paling sering digunakan pada kalangan remaja, salah satu dampak negatifnya adalah fenomena *cyberbullying*. Ketidakstabilan emosi pada remaja mempunyai dampak terhadap korban *cyberbullying* ditinjau dari berbagai aspek kesehatan mental. Tujuan penelitian ini adalah mengetahui hubungan kejadian *cyberbullying* dengan kesehatan mental pada mahasiswa Fakultas Kedokteran Universitas YARSI. Menurut pandangan Islam, dalam Q.S al-Hujurat ayat 11 dijelaskan bahwa mengintimidasi dan memperolok-olok orang lain adalah perbuatan yang dilarang.

Metode: Jenis penelitian berupa deskriptif analitik dengan rancangan penelitian *cross sectional*. Kuesioner disebarakan melalui *google form*. Penelitian dilakukan pada mahasiswa Fakultas Kedokteran Universitas YARSI angkatan 2019 dan 2020. Sampel dalam penelitian ini adalah 212 responden.

Hasil: Pada penelitian ini ditemukan bahwa terdapat 144 (67,9%) mahasiswa Fakultas Kedokteran Universitas YARSI yang mengalami *cyberbullying*. Berdasarkan hasil uji statistik terdapat hubungan bermakna antara *cyberbullying* dengan kesehatan mental negatif/*psychological distress*. Tetapi tidak terdapat hubungan antara *cyberbullying* dengan kesehatan mental positif/*psychological well-being*.

Kesimpulan: Kejadian *cyberbullying* berdampak negatif pada kesehatan mental.

Kata Kunci: *cyberbullying*, mahasiswa, kesehatan mental

ABSTRACT

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Title : Relationship Between Cyberbullying And Mental Health
In Students of The Faculty Of Medicine Yarsi University
Class of 2019 And 2021 The Review According To Islamic
Perspective

Background: Internet is one of the most used media among teenagers one of the negative impacts is the phenomenon of cyberbullying. Emotional instability in adolescents has a negative impact on cyberbullying in terms of various aspects of mental health. The purpose of this study is to determine the relationship between the incidence cyberbullying and mental health in students of the Faculty of Medicine of YARSI University. According to the Islamic view, in Q.S al-Hujurat verse 11 it is explained about cyberbullying is prohibited act.

Method: The type of study is descriptive analytic with a cross sectional design. The questionnaire was distributed via google form. The study was conducted on students of the Faculty of Medicine, YARSI University class of 2019 and 2020. The sample in this study was 212 respondents.

Result: This study found that there were 144 (67,9%) students of the Faculty of Medicine of YARSI University who are experiencing cyberbullying. Based on the results of statistical test, there is a significant relationship between cyberbullying and psychological distress. However, there is no relationship between cyberbullying and psychological well-being.

Conclusion: The incidence of cyberbullying has a negative impact on the mental health.

Keywords: cyberbullying, students, mental health