

DAFTAR PUSTAKA

- Abdullah, M. F. I. L., Hami, R., Appalanaido, G. K. Azman, N., Shariff, N. M., dan Sharif, S. S. M. (2017). Validation of The Malay Version of The Posttraumatic Growth Inventory-Short Form (PTGI-SF) Among Malaysian Cancer Patients. *ASEAN Journal of Psychiatry, 18*, XX-XX.
- Allen, A. B., dan Leary, M. R. (2010). Self-Compassion, Stress, and Coping. *Soc Personal Psychol Compass, 4*(2), 107-118.
- Anderson, K. M, dan Danis, F. S. (2007). Collegiate Sororities and Dating Violence : An Exploratory Study of Informal and Formal Helping Strategies. *Violence Against Women, 13*, 87-100.
- Anderson, K. M., Renner, L. M., dan Danis, F. S. (2012). Recovery: Resilience and Growth in the Aftermath of Domestic Violence. *Violence Against Women, 18*(11), 1279-1299.
- Ariestina, D. (2009). Kekerasan Dalam Pacaran Pada Siswa SMA di Jakarta. *Jurnal Kesehatan Masyarakat Nasional, 3*, 161-170.
- Azwar, S. (2015). *Dasar - Dasar Psikometrika*. Yogyakarta: Pustaka Belajar.
- Az-Zuhaili, W. (2013). *Tafsir Al-Wasith Jilid 3 (Al-Qashash - An-Naas)*. Jakarta: Gema Insani.
- Baer, R. A., Lykins, E. L. B., dan Peters, J. R. (2012). Mindfulness and self-compassion as predictors of psychological wellbeing in long-term meditators and matched nonmeditators. *The Journal of Positive Psychology, 7*, 230-238.
- Barnard, L. K., dan Curry, J. F. (2011). Self-compassion: Conceptualizations, Correlates & Interventions. *Review of General Psychology, 15*(4), 389-303.
- Basharpoor, S., Mowlaie, M., dan Sarafrazi, L. (2020). The Relationships of Distress Tolerance, Self-compassion to Posttraumatic Growth, the Mediating Role of Cognition Fusion. *Journal of Aggression, Maltreatment & Trauma, 1*-12.
- Cann, A., Calhoun, L. G., Tedeschi, R. G., Taku, K., Vishnevsky, T., Triplett, K. N., dan Danhauer, S. C. (2010). A short form of the Posttraumatic Growth Inventory. *Anxiety, Stress, & Coping: An International Journal, 23*, 127-137.

- Creswell, J. W. (2014). *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches*. California: SAGE Publication.
- Cobb, A. R., Tedeschi, R. G., Calhoun, L. G., dan Cann, A. (2006). Correlates of Posttraumatic Growth in Survivors of Intimate Partner Violence. *Journal of Traumatic Stress, 19(6)*, 895-903.
- Cunha, M., Xavier, A., dan Castilho, P. (2016). Understanding self-compassion in adolescents: Validation study of the Self- Compassion Scale. *Personality and Individual Differences, 93*, 56-62.
- Fahman, M. (2016). Ajaran Welas Asih dalam Al-Quran. *At Tuhfah Jurnal Keislaman, 5(9)*, 23-62.
- Furr, M. R., dan Bacharach, V. R. (2013). *Psychometric: An Introduction*. USA: SAGE.
- Ghoffar, M. A., Mu'thi, A., Al-Atsari, A. I. (2004). *Tafsir Ibnu Katsir*. Bogor: Pustaka Imam Asy-Syafi'i.
- Gilbert, P., dan Irons, C. (2009). Shame, self-criticism, and self-compassion in adolescence. 195-214.
- Giordano, P. C., Soto, D. A., Manning, W. D., dan Longmore, M. A. (2010). The Characteristics of Romantic Relationships Associated with Teen Dating Violence. *Social Science Research, 39*, 863-874.
- Guerette, S. M., dan Caron, S. L. (2007). Assessing the Impact of Acquaintance Rape: Interviews with Women Who Are Victims/Survivors of Sexual Assault While in College. *Journal of College Student Psychotherapy, 22(2)*, 31-50.
- Grossmann, I., dan Santos, H. (2016). Individual Cultures. *Encyclopedia of Personality and Individual Differences*.
- Grubaugh, A. L., dan Resik, P. A. (2007). Posttraumatic Growth in Treatment-seeking Female Assault Victims. *Psychiatr, 78*, 145-155.
- Hamka. (2015). *Tafsir Al-Azhar*. Jakarta: Gema Insani.
- Hasbi, M. (2017). Kekerasan Terhadap Perempuan Menurut Tinjauan Agama dan Sosiologi. *Jurnal Al-Maiyyah, 10(2)*, 263-277.
- Helsegon, V. S., Reynolds, K. A., dan Tomich, P. L. (2006). A Meta-Analytic Review of Benefit Finding and Growth. *Journal of Consulting and Clinical Psychology, 74*, 797-816.

- Hidayati, F. (2018). Penguatan Karakter Kasih Sayang "Self Compassion". *Prosiding Seminar Nasional Psikologi Unissula* : 93-102.
- Karakasidou, E., dan Stalikas, A. (2017). Empowering the Battered Women: The Effectiveness of a Self-Compassion Program. *Psychology*, 8, 2200-2214.
- Kaurin, A., Schonfelder, S., dan Wessa, M. (2018). Self-Compassion Buffers the Link Between Self-Criticism and Depression in Trauma-Exposed Firefighters. *Journal of Counseling Psychology*, 65(4), 453-462.
- KemenPPPA (2018). *Waspada Bahaya Kekerasan Dalam Pacaran*. KemenPPPA. Diakses dari : <https://www.kemenpppa.go.id> pada tanggal 14 Februari 2020.
- Kumar, R. (2011). *Research Methodology : A Step-by-step Guide For Beginners*. London: SAGE Publication.
- Leary, M. R., Tate, E. B., Allen, A. B., Adams, C. E., dan Hancock, J. (2007). Self-compassion and Reactions to Unpleasant Self-relevant Events: The Implications of Treating Oneself Kindly. *Journal of Personality and Social Psychology*, 92, 887-904.
- Leo, D., Izadikhah, Z., Fein, E. C., dan Forooshani, S. A. (2019). The Effect of Trauma on Religious Beliefs: A Structured Literature Review and Meta-Analysis. *Trauma Violence & Abuse*, 1-15.
- Lev-wiesel, R., Amir, M., dan Besser, A. (2005). Posttraumatic Growth Among Female Survivors Of Childhood Sexual Abuse In Relation To The Perpetrator Identity. *Journal of Loss and Trauma*, 10, 7-17.
- Levine, D. M. dan Stephan, D. F. (2009). *Even You Can Learn Statistics : A Guide for Everyone Who Has Ever Been Afraid of Statistics*. New Jersey: FT Press.
- Lilly, M. M., Howell, K. H., dan Bermann, S. G. (2015). World Assumptions, Religiosity, and PTSD in Survivors of Intimate Partner Violence. *Violence Against Women*, 2(1), 87-104.
- Marsh, I. C., Chan, S. W. Y., dan MacBeth, A. (2018). Self-compassion and Psychological Distress in Adolescents—a Meta-analysis. *Mindfulness*, 9, 1011-1027.
- Melton, A. M. A., dan Schulenberg, S. E. (2008). On the Measurement of Meaning: Logotherapy's Empirical Contributions to Humanistic Psychology. *The Humanistic Psychologist*, 36, 31-44.

- Memmi, D. (2016). *Comparative Foundations of Eastern and Western Thought*. UQAM, 1-22.
- Mesra, E., Salmah, dan Fauziah. (2014). Kekerasan Dalam Pacaran Pada Remaja Putri di Tangerang. *Jurnal Ilmu dan Teknologi Kesehatan*, 2(1), 1-8.
- Musianto, L. S. (2002). Perbedaan Pendekatan Kuantitatif dengan Pendekatan Kualitatif dalam Metode Penelitian. *Jurnal Manajemen & Kewirausahaan*, 4, 123-136.
- Nasrah, Jasruddin, dan Tawil, M. (2017). Pengembangan Perangkat Pembelajaran Fisika Berbasis Pendekatan Contextstual Teaching And Learning (CTL) Untuk Memotivasi Dan Meningkatkan Hasil Belajar Fisika Peserta Didik Kelas VIII SMP Negeri 1 Balocci Pangkep. *Jurnal Pendidikan Fisika*, 5 (2).
- Nasrum, A. (2018). *Uji Normalitas Data untuk Penelitian*. Jayapangus Press Books.
- Nurdini, A. (2006). “Cross-Sectional Vs Longitudinal”: Pilihan Rancangan Waktu Dalam Penelitian Perumahan Permukiman. *Dimensi Teknik Arsitektur*, 34, 52-58.
- Nathanson, A. M., Shorey, R. C., Tirone, V., dan Rhatigan, D. L. (2012). The Prevalence of Mental Health Disorders in a Community Sample of Female Victims of Intimate Partner Violence. *Partner Abuse*, 3(1), 59-75.
- Neff, K. (2003). Self-Compassion: An Alternative Conceptualization of a Healthy Attitude Toward Oneself. *Self and Identity*, 2, 85-101.
- Neff, K. D., Pisitsungkagarn, K., dan Hsieh, Y. (2008). Self-Compassion and Self-Constraint in the United States, Thailand, and Taiwan. *Journal of Cross-Cultural Psychology*, 39(3), 267-285.
- Neff, K. D., dan McGehee, P. (2010). Self-compassion and Psychological Resilience Among Adolescents and Young Adults. *Self and Identity*, 9(3), 225-240.
- Neff, K. D. (2011). Self-Compassion, Self-Esteem, and Well-Being. *Social and Personality Psychology Compass*, 5/1, 1-12.
- Odou, N. dan Brinker, J. (2013). Exploring the Relationship between Rumination, Self-compassion, and Mood. *Self and Identity*, 1-11.
- Papalia, D. E., dan Feldman, R. D. (2015). *Menyelami Perkembangan Manusia*. Jakarta: Salemba Humanika.
- Raes, F., Pommier, E., Neff, K. D., dan Gucht, D. V. (2011). Construction and Factorial Validation of a Short Form of the Self-Compassion Scale. *Clinical Psychology and Psychotherapy*, 18, 250-255.

- Royyani, I. (2020). Reinterpretasi Makna Hijrah dalam QS. al-Nisa/4 ayat 100: Sebuah Respon atas Fenomena Hijrah di Kalangan Artis. *Journal of Islam and Muslim Society*, 2(1), 1-15.
- Sarwono, S. W. (2018). *Psikologi Remaja*. Depok: Rajawali Pers.
- Savitri, A. D., Linayaningsih, F., dan Sugiarti, L. R. (2015). Kekerasan Dalam Pacaran pada Siswa SMA Ditinjau Dari Konformitas Teman Sebaya dan Efektivitas Komunikasi Dalam Keluarga. *J. Dinamika Sosbud*, 17, 41-47.
- Scoglio, A. A. J., Rudat, D. A., Garvert, D. Jarmolowski, M., Jackson, C., dan Herman, J. L. (2015). Self-Compassion and Responses to Trauma: The Role of Emotion Regulation. *Journal of Interpersonal Violence*, 1-21.
- Schulenberg, S. E., Nassif, C., Hutzel, R. R., dan Rogina, J. M. (2008). Logotherapy for Clinical Practice. *Psychotherapy Theory, Research, Practice, Training*, 45(4), 447-463.
- Sembiring, G. Sumiati, S., dan Hartini, L. (2014). Kekerasan Dalam Pacaran (KDP) Pada Remaja Putri Usia 15-18 Tahun di SMA Muhammadiyah 4 Kota Bengkulu. *Jurnal Media Kesehatan*, 8, 113-118.
- Silverman, J. G., Raj, A., Mucci, L. A., dan Hathaway, J. E. (2001). Dating Violence Against Adolescent Girls and Associated Substance Use, Unhealthy Weight Control, Sexual Risk Behavior, Pregnancy, and Suicidality. *JAMA*, 286, 572-579.
- Smith, M. E. (2003). Recovery from Intimate Partner Violence: A Difficult Journey. *Issues in Mental Health Nursing*, 24(5), 543-573.
- Suhemi, E. (2019). Hidayah dalam Pandangan Al-Quran. *16(1)*, 72-79.
- Syah, L., dan Sastrawati, N. (2020). Tinjauan Hukum Islam Terhadap Fenomena Pacaran di Kalangan Mahasiswa. *Jurnal Ilmiah Mahasiswa Perbandingan Mazhab*, 1(3), 435-451.
- Syarif dan Zuhri, S. (2019). Memahami Hijrah dalam Realitas Al-Quran dan Hadis Nabi Muhammad. *Jurnal Living Hadis*, IV(2), 277-307.
- Tedeschi, R. G., dan Calhoun, L. G. (1996). The Posttraumatic Growth Inventory: Measuring the Positive Legacy of Trauma. *Journal of Traumatic Stress*, 9, 455-471.

- Tedeschi, R. G. (1999). Violence Transformed: Posttraumatic Growth In Survivors And Their Societies. *4*, 319-341.
- Tedeschi, R. G., dan Calhoun, L. G. (2004). Posttraumatic Growth: Conceptual Foundations and Empirical Evidence. *Psychological Inquiry*, *15*, 1-18.
- Terry, M. L., dan Leary, M. R. (2011). Self-compassion, Self-regulation, and Health. *Self and Identity*, *10* (3), 352-362.
- Teten, A. L., Ball, B., Valle, L. A., Noonan, R., dan Rosenbluth, B. (2009). Considerations for the Definition, Measurement, Consequences, and Prevention of Dating Violence Victimization among Adolescent Girls. *Journal of Women's Health*, *18*, 923-927.
- Valdez, C. E., dan Lilly, M. M. (2016). Self-compassion and Trauma Processing Outcomes Among Victims of Violence. *Mindfulness*, *7*, 329-339.
- Widhiarso, W. (2010). Uji Linearitas Hubungan. Yogyakarta: Fakultas Psikologi UGM.
- Wisner, C. L., Gilmer, T. P., Saltzman, L. E., dan Zink, T. M. (1999). Intimate Partner Violence Against Women. *The Journal of Family Practice*, *48*, 439-443.
- Wong, C. C. Y., dan Yeung, N. C. Y. (2017). *Self-compassion and Posstraumatic Growth: Processes as Mediators. Mindfulness*, *8*, 1078-1087.
- Yunus, A. H. (2019). Hijrah: Pemaknaan dan Alasan Mentransformasikan Diri Secara Spiritual di Kalangan Mahasiswa. *Jurnal Emik*, *2*(1), 89-104.
- Zeller, M., Yuval, K., Nitzan-Assayag, Y., dan Bernstein, A. (2014). Self-Compassion in Recovery Following Potentially Traumatic Stress: Longitudinal Study of At-Risk Youth. *J Abnorm Child Psychol*.
- Zessin, U., Dickhauser, O., dan Garbade, S. (2015). The Relationship Between Self-Compassion and Well-Being: A Meta-Analysis. *Applied Psychology: Health And Well-Being*, 1-25.
- Zoellner, T., dan Maercker, A. (2006). Posttraumatic growth in clinical psychology — A critical review and introduction of a two component model. *Clinical Psychology Review*, 626-653.

