

## Abstrak

### Hubungan antara Kompetensi Sosial dan Emosional dengan Perilaku Perundngan Siber Pada Remaja Serta Tinjauannya Menurut Islam

Kasus perundngan siber saat ini cukup meningkat secara signifikan di kalangan remaja seiring dengan berkembangnya internet dan media sosial. Salah satu masalah yang dapat menyebabkan perilaku perundngan siber adalah kurangnya kompetensi sosial dan emosional. Jika remaja memiliki kompetensi sosial dan emosional yang rendah, hal tersebut dapat memungkinkan remaja untuk melakukan perundngan siber. Penelitian ini bertujuan untuk mengetahui mengetahui apakah terdapat hubungan negatif antara kompetensi sosial dan emosional dengan perilaku perundngan siber pada remaja. Penelitian ini menggunakan pendekatan kuantitatif dengan menggunakan skala *Social and Emotional Competencies Questionnaire (SEC-Q)* dan *Cyberbullying Questionnaire (CBQ)*. Penelitian ini menggunakan teknik *accidental sampling*. Untuk merekrut responden dengan kriteria remaja, aktif menggunakan media sosial dalam kurun waktu enam bulan terakhir, dan tinggal di Jakarta. Sebanyak 213 responden berpartisipasi dalam penelitian ini. Analisis data yang digunakan adalah uji korelasi *spearman's rho*. Dari hasil pengolahan data, ditemukan hasil hasil penelitian tidak ditemukan hubungan yang signifikan antara dimensi *self awareness* dengan perilaku perundngan siber ( $r^s = -.051, p > .05$ ), antara *Self Management and Motivation* dengan perilaku perundngan siber ( $r^s = .085, p > .05$ ), antara *Social-Awareness and Prosocial Behavior* dengan perilaku perundngan siber ( $r^s = -.075, p > .05$ ), dan antara *Desicion Making* dengan perilaku perundngan siber ( $r^s = -.0133, p > .05$ ). Keterbatasan diantaranya ialah, pada penelitian tidak mengontrol variabel-variabel yang diduga bisa mempengaruhi hubungan antara kedua variabel utama. Penelitian ini berimplikasi agar remaja lebih berhati-hati ketika menggunakan internet, mampu menahan emosi, serta mempertimbangkan segala tindakan yang tidak sesuai dengan norma seperti melakukan perilaku perundngan siber. Dalam pandangan Islam, kompetensi sosial dan emosional bermanfaat bagi umat manusia khususnya remaja agar menjauhkan diri dari perbuatan yang zalim seperti perilaku perundngan siber.

**Kata Kunci:** Perundngan Siber, Kompetensi Sosial dan Emosional, Remaja

## **Abstract**

### ***Relationship between Social and Emotional Competence with Cyberbullying Behavior in Adolescents and its Overview according to Islam***

*The case of cyberbullying is currently increasing significantly among teenagers along with the development of the internet and social media. One of the problems that can lead to cyberbullying is a lack of social and emotional competence. If adolescents have low social and emotional competence, this can allow them to engage in cyberbullying. This study aims to determine whether there is a negative relationship between social and emotional competence and cyberbullying in adolescents. This study uses a quantitative approach using the Social and Emotional Competencies Questionnaire (SEC-Q) scale and the Cyberbullying Questionnaire (CBQ). This study uses accidental sampling technique. To recruit respondents with the criteria of being teenagers, actively using social media in the past six months, and living in Jakarta. A total of 213 respondents participated in this study. The data analysis used was the Spearman's rho correlation test. From the results of data processing, it was found that the results of the study found no significant relationship between the dimensions of self awareness and cyberbullying behavior ( $r_s = -.051, p > .05$ ), between Self Management and Motivation and cyberbullying behavior ( $r_s = .085, p > .05$ ), between Social-Awareness and Prosocial Behavior with cyberbullying behavior ( $r_s = -.075, p > .05$ ), and between Decision Making and cyberbullying behavior ( $r_s = -.0133, p > .05$ ). One of the limitations is that the research does not control for the variables that are thought to affect the relationship between the two main variables. This research has implications for adolescents to be more careful when using the internet, to be able to hold their emotions, and to consider all actions that are not in accordance with norms, such as cyberbullying. In the Islamic viewpoint, social and emotional competence is beneficial for mankind, especially adolescents, to keep themselves away from wrongdoing such as cyberbullying.*

**Keywords:** *Cyberbullying, Social and Emotional Competence, Adolescents*