

## ABSTRAK

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Judul Skripsi : **“Peran Dukungan Kontekstual terhadap Adaptabilitas Karier pada Mahasiswa Tingkat Akhir dengan *Career Decision Making Self-Efficacy* (CDMSE) sebagai Variabel Mediator serta Tinjauannya dalam Islam”**

Mahasiswa tingkat akhir berada dalam masa transisi dari dunia perkuliahan ke dunia kerja. Untuk menghadapi masa transisi, mahasiswa tingkat akhir membutuhkan kemampuan untuk beradaptasi dalam dunia kerja (adaptabilitas karier) atau sumber daya untuk mengantisipasi dan memecahkan masalah terkait pekerjaannya. Diketahui bahwa dukungan kontekstual memiliki peran dalam meningkatkan adaptabilitas karier seseorang. Penelitian sebelumnya menunjukkan bahwa dalam meningkatkan kemampuan adaptabilitas karier seseorang, dukungan kontekstual dimediasi oleh *career decision making self-efficacy* (CDMSE). CDMSE adalah keyakinan seseorang untuk menyelesaikan tugas-tugas terkait kariernya. Dukungan kontekstual dapat menentukan tinggi atau rendahnya CDMSE seseorang, sehingga mempengaruhi kemampuan adaptabilitas karier. Oleh karena itu, peneliti ingin meneliti peranan dukungan kontekstual terhadap adaptabilitas karier pada mahasiswa tingkat akhir yang dimediasi oleh *career decision making self-efficacy* (CDMSE). Partisipan dalam penelitian ini diperoleh dengan menggunakan teknik kuota *sampling* yang berjumlah 270 mahasiswa tingkat akhir, setiap wilayah JABODETABEK diwakili oleh 30 orang. Alat ukur yang digunakan antara lain *Career Adapt-Ability Scale* (CAAS), Dukungan Kontekstual dan *Career Decision Making Self-Efficacy Scale-Social Affirmation* (CDMSESAF). Analisa dilakukan menggunakan uji mediasi dan diperoleh hasil bahwa dukungan kontekstual berperan terhadap adaptabilitas karier dengan dimediasi oleh CDMSE ( $p < 0,05$ ). Dalam meningkatkan kemampuan adaptabilitas karier, seseorang harus memiliki keyakinan atas pilihan kariernya terlebih dahulu yang dapat ditentukan dari besarnya dukungan kontekstual yang didapat. Menurut tinjauan Islam, umat muslim dianjurkan untuk saling memberikan dukungan, tolong menolong dalam kebaikan, dan yakin atas segala pilihannya. Seseorang yang telah yakin dan mampu bertanggungjawab atas pilihannya, maka niscaya Allah akan memudahkan urusannya dalam beradaptasi di lingkungan karier.

**Kata Kunci :** Adaptabilitas Karier, CDMSE, Dukungan Kontekstual, Mahasiswa Tingkat Akhir

## ABSTRACT

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Thesis title : ***“The Role of Contextual Support to Career Adaptability among Final-year College Student with Career Decision Making Self-Efficacy as a Mediating Variable and Its Review in Islam”***

*The final year students are in a transition period from their college life to their work life. To face up with the transition period, the final year students need the ability to adapt in their work life (career adaptability) or resources to anticipate and solve the problems related to their work. It is known that contextual support has a role in improving the adaptability of someone's career. The previous research shows that in improving one's career adaptability, the contextual support was mediated by career decision making self-efficacy (CDMSE). CDMSE is a person's belief in completing tasks related to his career. Contextual support can determine the height or low of someone's CDMSE, so that it affects the ability of career adaptability. Therefore, the researcher wants to examine the role of contextual support for career adaptability in final year students mediated by career decision making self-efficacy (CDMSE). Participants in this study were obtained by using quota sampling technique which amounted to 270 final year students, each region of JABODETABEK was represented by 30 people. The measuring instruments used included Career Adaptability Ability Scale (CAAS), Contextual Support and Career Decision Making Self-Efficacy Scale-Social Affirmations (CDMSESAF). The analysis was conducted using a mediation test and obtained results that contextual support contributed to career adaptability mediated by CDMSE ( $p < 0.05$ ). In order to improve the career adaptability, the person must have a confidence in his career choices first which can be determined by the amount of contextual support that is obtained. According to the Islamic reviews, Muslims were encouraged to provide mutual support, help in goodness, and be sure of all their choices. Someone who has been convinced and able to be responsible for his choices, then surely Allah will ease every problem that lead to adapting in career environment.*

**Keywords:** *Career Adaptability, CDMSE, Contextual Support, Final-year Students*