

DAFTAR PUSTAKA

- Al-Qur'an dan Terjemahnya. (2008). Departemen Agama RI: Jakarta
- Al-Atsari, AIM. (2015). *Renungan Tentang Waktu*. Almanhaj. <https://almanhaj.or.id/4099-renungan-tentang-waktu.html> (Diakses 15 Januari 2018)
- American Academy of Ophthalmology, (2007). *Eyelids, Orbital, and Lacrimal Gland*. New York: American Academy of Ophthalmology.
- Amparo, F., Schaumberg, D. A., Dana, R., Eye, M., Infirmary, E., Moran, J. A., & City, S. L. (2016). *HHS Public Access, 122(7)*, 1498–1503. <https://doi.org/10.1016/j.opthta.2015.02.037>. Comparison
- Aryanti, C., (2011). *Hubungan Lama Penggunaan Komputer dengan Sindroma Mata Kering*. Skripsi. FK USU, Medan.
- Asyari F, (2007). *Dry Eye Syndrome (Sindroma Mata Kering)*. Dexa Media. 4(20): 162-166.
- Azkadina, A, (2012). *Hubungan antara faktor risiko individual dan komputer terhadap kejadian Computer Vision Syndrome pada Mahasiswa Jurusan Keperawatan Universitas Muhammadiyah Surakarta Computer Vision Syndrome*. Skripsi. FK Undip, Semarang.
- Budiman, Aditya. (2008). *3 Faidah Agung Menjaga Pandangan*. Alhijroh. <https://alhijroh.com/fiqih-tazkiyatun-nafs/3-faidah-agung-menjaga-pandangan/> (Diakses 15 Januari 2018)
- Doane, M.G., (1980). *Blinking and the Mechanism of the Lacrimal Drainage System*. *Ophthalmology*, 88: 844-851.
- Faishal. (2016). *Menjaga Pandangan Mata dan Dalil-dalilnya dalam Alquran dan Hadits*. Needa News. <http://needanews.com/2016/11/27/menjaga-pandangan-mata/> (Diakses 15 Januari 2018)

- Fauzi, A. (2012). *Pandangan Islam Terhadap Teknologi dan Komunikasi*. Fakultas Dakwah dan Komunikasi Universitas Islam Negeri Sunan Gunung Djati: Bandung.
- Foster C.S., (2017). *Dry Eye Syndrome (Keratoconjunctivitis Sicca) Clinical Presentation*. Available from www.emedicine.medscape.com
- Goldsborough, R., (2007). *Keeping Your Eyes Healthy in Front of The Computer Screen*. *Ann Arbor.*, 66: 12.
- Ilyas, S., Yulianti, S.R., (2015). *Ilmu Penyakit Mata, 5th ed.* Badan Penerbit Fakultas Kedokteran Universitas Indonesia, Jakarta.
- Iyer, J.V., Lee, S.-Y., Tong, L., (2012). *The dry eye disease activity log study*. *The Scientific World Journal* 2012, 589875. doi:10.1100/2012/589875
- Kaido, M., Dogru, M., Ishida, R. & Tsubota, K., (2007). *Concept of Functional Visual Acuity and its Applications*. *Cornea*, 26: 29-35.
- Kanski, J.J. & Browling, B., (2011). *Lacrimal Drainage System and Dry Eye Disorders*. In: *Clinical Ophthalmology: A Systematic Approach 7th Edition*. Philadelphia: ElSevier, 66-67, 122-123.
- Kawashima, M., Yamatsuji, M., Yokoi, N., Fukui, M., Ichihashi, Y., Kato, H., Nishida, M., Uchino, M., Kinoshita, S., Tsubota, K., (2015). *Screening of dry eye disease in visual display terminal workers during occupational health examinations: The Moriguchi study*. *Journal of Occupational Health* 57, 253–258. doi:10.1539/joh.14-0243-OA
- Khoir, NA., Fadhilah R, Dewita NP. (2016). *Manfaat dan Mudharat Komputer dalam Islam*.
- Koh, S., Maeda, N., Hirohara, Y., Mihashi, T., Bessho, K., Hori, Y., et al., (2008). *Serial Measurements of Higher-Order Aberrations after Blinking in Patients with Dry Eye*. *IOVS*, 49(1): 133-8.
- Messmer, E.M., (2015). *The pathophysiology, diagnosis, and treatment of dry eye disease*. *Deutsches Ärzteblatt international* 112, 71–81. doi:10.3238/arztebl.2015.0071

- Nurkholis, A. (2014). *3 Hal Penting Menjaga Kesehatan Mata Ala Imam Syafi'i*.
- Palakuru, J.R., Wang, J. & Aquavella, J.V., (2007). *Effect of Blinking on Tear Dynamics. Invest. Ophthalmol. Vis. Sci.*, 48: 3032-3037.
- Schaumberg, D.A., Sullivan, D.A. & Dana, M.R., (2003). *Prevalence of Dry Eye Syndrome among US Women. Am. J. Ophthalmol.*, 136 (2): 318-326.
- Schiffman RM, Christianson MD, Jacobsen G, et al (2000). *Reliability and validity of the Ocular Surface Disease Index. Arch Ophthalmol*;118:615–21. [PubMed: 10815152]
- Schoeppe S, Rebar AL, Short CE, Alley S, Van Lippevelde W, & Vandelanotte C (2016). *How is adults' screen time behaviour influencing their views on screen time restrictions for children? A cross-sectional study. BMC Public Health*, 16, 201. <http://doi.org/10.1186/s12889-016-2789-3>
- Sofi, AM. (2015). *Pandangan Islam terhadap Ilmu Pengetahuan dan Teknologi Komputer yang Berkaitan dengan Al-qur'an*. Fakultas Matematika dan Komputer Universitas Nahdlatul Ulama Al Ghazali: Cilacap.
- Sullivan, J.H., Shetiar, D.J. & Witcher, J.P., (2004). *In: Eva, P.R., Vaughan, D., Asbury, T., eds. Vaughan & Asbury's general ophthalmology*. New York: McGraw-Hill. 2004, 90-100.
- Sundari NK, (2011). *Keluhan subjektif pada operator komputer di unit pelaksana teknis-pengembangan seni dan teknologi keramik dan porselin Bali. Jurnal Ilmiah Teknik Industri*;10(2):88-94. Available from: <http://publikasiilmiah.ums.ac.id/bitstream/handle/123456789/1446/JITI-10-12-Sundari-OK.pdf?sequence=1>)
- Tear Film & Ocular Surface Society, (2007). *The Ocular Surface*. 2007 Report of the International Dry Eye WorkShop (DEWS) 5, 65–204.
- Toda I, Fujishima H, Tsubota K., (1993). *Ocular fatigue is the major symptom of dry eye. Acta Ophthalmol (Copenh)*; 71: 347–52.
- Woollaston, Victoria, (2014). *How much time do you spend looking at a screen? Infographic reveals extent of tech addiction across the globe*. Available from:

<http://www.dailymail.co.uk/sciencetech/article-2642782/How-time-YOU-spend-looking-screen-Infographic-reveals-extent>