

ABSTRAK

Hubungan *Marital Communication Satisfaction* Dan Resiliensi Keluarga Pada *Dual Career Family* Dari Sudut Pandang Suami Dan Istri Serta Tinjauannya Dalam Islam

Menjaga hubungan pernikahan merupakan hal penting bagi suami istri terlebih pasangan suami istri bekerja atau *dual career family*. Pasangan *dual career family* umumnya memiliki permasalahan yang dihadapi seperti kurang tercapainya kualitas komunikasi yang baik dan jarang memiliki waktu bersama. Jika permasalahan tersebut tidak diatasi dengan baik maka akan berdampak pada komitmen keluarga, yang mana hal tersebut juga dapat mempengaruhi resiliensi keluarganya. Penelitian ini bertujuan untuk mengetahui hubungan antara *marital communication satisfaction* dan resiliensi keluarga pada *dual career family* dari sudut pandang suami dan istri. Pengambilan sampel menggunakan teknik *snowball sampling* dengan jumlah sampel sebanyak 41 pasang *dual career family*. Data penelitian diperoleh menggunakan skala *Couple Communication Satisfaction Scale* (CCSS) sebanyak 11 item dengan koefisien *Alpha Cronbach* sebesar 0.925. Skala *Walsh Family Resilience Questionnaire* (WFRQ) sebanyak 32 item dengan koefisien *Alpha Cronbach* sebesar 0.948. Metode analisis data menggunakan analisis korelasi *Pearson Product Moment*. Hasil penelitian ($r=0.555$ dengan $p= 0.000$) menunjukkan terdapat hubungan yang signifikan antara *marital communication satisfaction* dan resiliensi keluarga pada *dual career family* dari sudut pandang suami dan istri. Menurut pandangan Islam terdapat hubungan antara *marital communication satisfaction* dan resiliensi keluarga pada *dual career family* dari sudut pandang suami dan istri.

Kata Kunci: *Marital Communication Satisfaction*, Resiliensi Keluarga, *Dual Career Family*, Suami Dan Istri.

ABSTRACT

Relationship of Marital Communication Satisfaction and Family Resilience in Dual Career Family From the Perspective of Husband and Wife and Their Review in Islam

Maintaining a marital relationship is important for husband and wife, especially for married couples working or dual career family families. Dual career family couples generally have problems, such as the lack of good communication quality and rarely having time together. If the problem is not handled properly it will have an impact on family commitment, which can also affect the resilience of the family. This study aims to determine the relationship between marital communication satisfaction and family resilience in dual career family families from the perspective of husband and wife. Sampling used snowball sampling technique with a total sample of 41 pairs of dual career family families. Research data obtained used Couple Communication Satisfaction Scale (CCSS) with 11 items with Cronbach's Alpha coefficient of 0.925. The Walsh Family Resilience Questionnaire (WFRQ) scale consists of 32 items with a Cronbach Alpha coefficient of 0.948. Analysis data method in this research used analysis correlation Pearson Product Moment. The results of the study ($r = 0.555$ with $p = 0.000$) showed that there was a significant relationship between marital communication satisfaction and family resilience in dual career family families from the husband's and wife's point of view. According to the Islamic view, there is a relationship between marital communication satisfaction and family resilience in dual career family families from the husband's and wife's point of view.

Keywords: Marital Communication Satisfaction, Family Resilience, Dual Career Family, Husband and Wife.