

PERBEDAAN TINGKAT STRES PADA PERAWAT *INTENSIVE CARE UNIT* (ICU) DENGAN PERAWAT RUANG RAWAT INAP DEWASA DI RUMAH SAKIT ISLAM JAKARTA CEMPAKA PUTIH DITINJAU DARI KEDOKTERAN DAN ISLAM

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ABSTRAK

Latar Belakang: Rumah sakit adalah salah satu fasilitas yang memiliki peranan yang sangat penting dalam upaya meningkatkan kesehatan masyarakat Indonesia. Didalam rumah sakit terdapat tenaga medis salah satunya adalah perawat. Perawat berperan penting dalam penyelenggaraan upaya menjaga mutu pelayanan kesehatan di rumah sakit. Perawat *Intensive Care Unit (ICU)* dalam kesehariannya menangani pasien kritis yang mengancam jiwa sedangkan Perawat Rawat Inap dalam kesehariannya hanya menangani pasien yang tidak tergolongkan kritis. Stres dalam Islam bukanlah sesuatu yang harus ditakuti atau dihindari. Namun Islam mengajarkan kepada manusia bahwa tuntutan atau ujian hidup ini merupakan sesuatu yang harus dijalani sebagai bagian dari proses kehidupan itu sendiri. Dengan melihat kinerja antar perawat *Intensive Care Unit (ICU)* dengan perawat rawat inap maka dari itu peneliti ingin meneliti mengenai perbedaan tingkat stres perawat *Intensive Care Unit (ICU)* dengan perawat ruang rawat inap di Rumah Sakit Islam Jakarta tahun 2017.

Metode: Penelitian ini merupakan penelitian kuantitatif secara *cross sectional*. Populasi dan sampel adalah Perawat ICU dan Perawat Ruang Rawat Inap Dewasa Rumah Sakit Islam Jakarta. Sampel dipilih dengan cara *purposive*. Pengambilan data dilakukan dengan menggunakan kuisioner DASS-42. Analisis data dilakukan dengan uji *chi-square*.

Hasil: Dari 21 responden yang berkerja di *Intensive Care Unit (ICU)* diketahui bahwa terdapat 4 orang (19%) mengalami stres ringan dan 2 orang (9,5%) mengalami stres sedang.

Dari 21 responden yang berkerja di Rawat Inap Dewasa diketahui bahwa 1 (4,8%) orang melami stres ringan dan 1 orang (4,8%) mengalami stres sedang. Dari hasil uji statistik menggunakan uji *Chi-square* didapatkan nilai $P = 0,272$ $RR = 3$ $CI = [(0,683), (2,370)]$.

Simpulan: Tidak terdapat perbedaan signifikan antara perawat *Intensive Care Unit (ICU)* dengan Perawat Ruang Rawat Inap Dewasa di Rumah Sakit Islam Jakarta.

Kata Kunci: *Intensive Care Unit (ICU)*, Perawat, Rawat Inap Dewasa, Tingkat stres

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**STRESS LEVEL DIFFERENCES IN NURSE OF INTENSIVE CARE UNIT (ICU)
NURSE WITH NURSE OF ADULT INPATIENT CARE FACILITY AT
JAKARTA ISLAMIC HOSPITAL CEMPAKA PUTIH WHICH WERE
REVIEWED FROM MEDICINE AND ISLAM**

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Background: The hospital is one of the facilities that has a very important role in efforts to improve the health of Indonesian society. In the hospital there are medical personnel one of whom is a nurse. Nurses play an important role in the implementation of efforts to maintain the quality of health services in hospitals. The Intensive Care Unit (ICU) nurse daily takes care of the life-threatening critical patient while the inpatient nurse only deals with patients who are not classified as critical. Stress in Islam is not something to be feared or avoided. But Islam teaches people that the demands or test of life is something that must be lived as part of the process of life itself. By looking at the performance of Intensive Care Unit nurse (ICU) with inpatient nurse hence from that researcher want to research about difference of stress level of nurse Intensive Care Unit (ICU) with nurse of inpatient room at Jakarta Islamic Hospital 2017.

Method: This research is a cross sectional quantitative research. Population and sample are nurses of ICU and Nurse of Adult Inpatient Care Facility Jakarta Islamic Hospital. The sample is chosen by purposive method. Data were collected using a DASS-42 questionnaire. Data analysis was done by chi-square test.

Results: Of the 21 respondents who worked at the Intensive Care Unit (ICU) it was found that 4 people (19%) had mild stress and 2 people (9.5%) had moderate stress. Of the 21 respondents working in Adult Hospitalization it was found that 1 (4.8%) people were mildly stressed and 1 person (4.8%) had moderate stress. From result of statistical test using Chi-square test got value $P = 0,272$ $RR = 3$ $CI = [(0,683), (2,370)]$.

Conclusion: There is no significant difference between Intensive Care Unit nurse (ICU) and Adult Inpatient Nurses in Jakarta Islamic Hospital.

Keywords: Adult Inpatient Care Facility, *Intensive Care Unit* (ICU), Nurse, Stress Level

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