

ABSTRACT

THE IMPACT OF COVID-19 ON MENTAL DISORDERS VIEWED FROM MEDICINE AND ISLAM

Coronavirus disease 2019 (COVID-19) is a respiratory tract infection disease caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). The impact of the Covid-19 pandemic on psychosocial conditions in Indonesia showed that 27% of 1,319 participants experienced acute stress due to social restrictions, lack of basic needs, threats of interaction, and behavioral adjustments.

The general objective of writing this thesis is to discuss the impact of Covid-19 on mental disorders in terms of medicine and Islam.

From the results of the study review, it was found that there was a significant increase in the number of Post-Trumatic Stress Symptoms (PTSS) as well as a significant increase in the number of depression. As well as in the general public, the results show that psychological health is now lower than before Covid-19.

In Islam, mental disorders that arise during the Covid-19 pandemic can occur due to a lack of closeness to Allah SWT. Therefore, these mental disorders can certainly be prevented and overcome by drawing closer to Allah SWT so that the soul becomes calm and peaceful during the Covid-19 pandemic.

Keywords: Covid-19, Mental Disorders, Covid-19 in Islamic Perspective

ABSTRAK

DAMPAK COVID-19 TERHADAP GANGGUAN JIWA DITINJAU DARI KEDOKTERAN DAN ISLAM

Coronavirus disease 2019 (COVID-19) merupakan penyakit infeksi saluran pernapasan yang disebabkan oleh *severe acute respiratory syndrome virus corona 2* (SARS-CoV-2). Dampak pandemi Covid-19 terhadap kondisi psikososial di Indonesia menunjukkan bahwa 27% dari 1.319 partisipan mengalami stress akut akibat pembatasan sosial, kekurangan kebutuhan dasar, ancaman interaksi, dan penyesuaian perilaku.

Tujuan umum penulisan skripsi ini adalah membahas mengenai dampak Covid-19 terhadap gangguan jiwa ditinjau dari kedokteran dan Islam.

Dari hasil kajian studi didapatkan bahwa terdapat peningkatan angka *Post-Trumatic Stress Symptoms* (PTSS) serta peningkatan angka depresi secara signifikan. Serta pada masyarakat umum didapatkan hasil bahwa kesehatan psikologis menjadi lebih rendah pada saat ini dibandingkan sebelum Covid-19.

Dalam Islam gangguan jiwa yang timbul dimasa pandemi covid-19 bisa terjadi akibat kurangnya kedekatan dengan Allah SWT. Maka dari itu gangguan jiwa tersebut tentu dapat dicegah dan diatasi dengan cara mendekatkan diri kepada Allah SWT agar jiwa menjadi tenang dan tenram selama menjalani masa pandemi covid-19.

Kata kunci: Covid-19, Gangguan Jiwa, Covid-19 dalam Pandangan Islam